

First Name	Last Name	City	State	Country	Message	Charity Name
BRITTANY	NOKER	BOUNTIFUL	UT	USA		
ERIC	SCOTT	CEDAR CITY	UT	USA	YOU CAN DO IT!!	
WENDY	WOOLF	CLINTON	UT	USA	DEDICATED TO GAYLYN ROARK SCOTT STRUGGLING WITH BREAST CANCER	
ROXIE	HUDSPETH	CLINTON	UT	USA	MY INSPIRATION IN LIFE MY MOTHER.	American Foundation For Suicide Prevention
ROGER	JACOBSEN	COTTONWOOD HEIGHTS	UT	USA	RUN FAT BOY RUN!	Diabetes Foundation
EDEN	WAGNER	EAGLE MOUNTAIN	UT	USA	THE FEAR OF PAIN IS OFTEN WORSE THAN PAIN ITSELF	Utah Humane Society
DANIEL	ALBERTS	ESCALANTE	UT	USA	I DEDICATE THIS RUN TO MY FITNESS AND TO SERVE AS AN EXAMPLE TO OTHERS.	National Ms Society
JACKIE	WAIT	FARR WEST	UT	USA	FOR THE FAM, I'M THE LUCKY ONE!	Ogden Racers Adventurer Club
BONNIE	MUNSON	FARR WEST	UT	USA	NEVER GIVE UP!	Team In Training
SHARYN	AGUIAR	FILLMORE	UT	USA	TO THOSE IN MY FAMILY WHO CANNOT RUN, I'LL BE YOUR LEGS. THIS IS FOR YOU!	Salt Lake Mission
SHEENA	HANSEN	GARLAND	UT	USA	NO MATTER HOW YOU FEEL, GET UP, DRESS UP AND SHOW UP!!	Humane Society
AMBER	PARKINSON	GARLAND	UT	USA	DEDICATED TO MY HUSBAND, MY BEST SUPPORTER	Deseret Industries
STEVE	WALLACE	GLENDALE	UT	USA	MY SECOND KANAB 10K.	
CHERI	MEDLIN	GLENDALE	UT	USA	NEW BALANCE MINIMALIST SHOES R.O.C.K. !!	
JEFF	MEDLIN	GLENDALE	UT	USA	I'M NEW TO THIS THING	
JYLL	OKELBERRY	GOSHEN	UT	USA	I DEDICATE THIS RUN TO MY DAD AND SISTER WHO HAVE LUPUS!!!	Utah Lupus Foundation
DENISE	RAGER	LAYTON	UT	USA	FOR FITNESS, COMRADERIE, AND MOSTLY... TRUE HEROES!	Fisher House Foundation
DENISE	RAGER	LAYTON	UT	USA	MILITARY MEMBERS DEDICATED TO MY FRIENDS AND FAMILY WHO SUPPORT ME IN MY WEIGHT LOSS	
ELIZABETH	PRICE	LAYTON	UT	USA	GOALS...THANKS EVERYONE!	Salt Lake Police, Shop With A Cop
GREGORY	BOOMGAARD	LAYTON	UT	USA	HAPPY BIRTHDAY, KEITH RAUCHLE	
GAVIN	GAMSBY	LAYTON	UT	USA	I LOVE TO RUN! RUNNING IS THE GREATEST METAPHOR FOR LIFE BECAUSE YOU GET OUT OF IT WHAT	
YOLANDA	LOPEZ	MIDVALE	UT	USA	YOU PUT INTO IT..	Lupus Foundation Of Utah
KELLIE	MAY	MURRAY	UT	USA	I RUN BECAUSE I CAN.	Susan G Komen Salt Lake City Affiliate
BRUCE	TROUTMAN	MURRAY	UT	USA	RUN MO FASTA	
SARAH	DAVIS	NORTH LOGAN	UT	USA	RUN LIKE THE WIND	
ALYCE	WASDEN	NORTH SALT LAKE	UT	USA	DEDICATED TO MY FATHER, HOWARD WASDEN, WHO GAVE SO MUCH TO SO MANY. I DEDICATE THIS RUN TO MY MOTHER-IN-LAW WHO RECENTLY PASSED AWAY AFTER	Children Of Ethiopia Education Fund
CHAD	SKOLA	NORTH SALT LAKE, UT	UT	USA	FIGHTING MULTIPLE MYELOMA	Huntsman Cancer Center Lds Humanitarian Services (Katrina Relief Fund)
BRYCE	WARREN	OGDEN	UT	USA	NO MESSAGE REQUESTED	Lds Humanitarian Fund (Hurricane Katrina)
TARA	WARREN	OGDEN	UT	USA	NO MESSAGE REQUESTED	
MIKE	PACE	OGDEN	UT	USA	RUN LIKE YOU STOLE SOMETHING!!!	
JUST	MCLOVIN	OGDEN	UT	USA	JUST RUN, YOU'LL FEEL BETTER!	
JUST	MCLOVIN	OGDEN	UT	USA	FOR ALL THAT	United Way
JUST	MCLOVIN	OGDEN	UT	USA	IF GOD WANTED US TO RUN, HE WOULD HAVE GIVEN US LEGS...OH WAIT...	Livestrong
LISA	NICHOLS	OGDEN	UT	USA	GOOD JOB!	Humane Society Of Utah
RENATA	SPRUNG	OGDEN	UT	USA	SMILE WHILE YOU RUN. PEOPLE WONDER WHAT YOU ARE UP TO!	
MIKE	PACE	OGDEN	UT	USA	EVERYONE HAS A CAUSE...SOME TO RUN FOR, SOME TO NOT RUN FOR...	
PATRICIA	COOK	OGDEN	UT	USA	THIS ISN'T SWEAT, IT'S MY FAT MELTING!	American Heart Association
PATRICIA	COOK	OGDEN	UT	USA	SORE TODAY, STRONG TOMORROW	St. Judes
PATRICIA	ZAMORA	OGDEN	UT	USA	I LOVE YOU :)	American Cancer Society

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
MIKE	PACE	OGDEN	UT	USA	I HEART BOBI :)	Catholic Community Services
MIKE	PACE	OGDEN	UT	USA	JUST KEEP RUNNING...	Movember
JOHN	RIDER	OREM	UT	USA	RUN RUN RUN!	Signs Of Hope International
EDEN	WAGNER	OREM	UT	USA	THIS IS FOR MY BROTHER VINCENT WHO WORRIES ABOUT ME	
KAVITA	KING	OREM	UT	USA	FOR THE LOVE OF THE RUN	Red Cross
AYISHA	KING	OREM	UT	USA	MS GINA WILEY!!	Kids On The Move
LAURIE	WEST	PARK CITY	UT	USA	HAVE FUN AND RUN!	
KIM	KAP	PLEASANT VIEW	UT	USA	MRS. GRAY	Primary Children'S Medical Center
LISA	WEAVER	PRICE	UT	USA	FOR GRANNY.	
LISA	WEAVER	PRICE	UT	USA	FOR HAILEY!	
LISA	WEAVER	PRICE	UT	USA	WHAT?	
LISA	WEAVER	PRICE	UT	USA	HUH?	
RACHEL	ZACKRISON	PROVO	UT	USA	NO MESSAGE REQUESTED	N/A
					DEDICATED TO MY BEAUTIFUL WIFE, JENNIFER - YOU GIVE ME THE STRENGTH TO TRY	
JEREMY	BROWN	PROVO	UT	USA	HARDER EACH DAY.	
SARA	DEAN	PROVO	UT	USA	RUNNING FOR LUV! WOO!	
SUZY	COX	PROVO	UT	USA	I RUN FOR MY BODY, MY BRAIN, MY PRESENT, AND MY FUTURE.	Save The Children
CHARISMA	PINNA	SAINT GEORGE	UT	USA	I AM DEDICATING MY RUN TO MY DAD WHO IS A CANCER SURVIVOR!	Cebu Hope Center
LEE	SNOW	SALT LAKE CITY	UT	USA	NO MESSAGE REQUESTED THIS YEAR	Primary Children'S Hospital
LEE	SNOW	SALT LAKE CITY	UT	USA	NO MESSAGE REQUESTED THIS YEAR	Primary Children'S Hospital
LEE	SNOW	SALT LAKE CITY	UT	USA	NO MESSAGE REQUESTED	Jordan Valley School
LEE	SNOW	SALT LAKE CITY	UT	USA	NO MESSAGE REQUESTED	Jordan Valley School
TROY	OYLER	SALT LAKE CITY	UT	USA	NO MESSAGE REQUESTED	Walk For Hope, Cancer Research
VICENCA	RECHSTEINER	SALT LAKE CITY	UT	USA	VISCA CATALUNYA I VISCA ELS CATALANS!	
SUZANNE	SANDERS	SALT LAKE CITY	UT	USA	TO MY CHILDREN, THE GREATEST GIFT OF ALL.	Best Friends Animal Society
LEE	SNOW	SALT LAKE CITY	UT	USA	NAN'S MOM	American Lung Assoc.
DONNA	THOMAS	SALT LAKE CITY	UT	USA	DEDICATED TO MY FRIENDS BOB AND DEB MARSHALL	Als Foundation
PAULA	VERNON	SALT LAKE CITY	UT	USA	DEDICATED TO BOB MARSHALL	Family Promis
					GREG AND ZACH, PLEASE SHINE YOUR LIGHT DOWN UPON US. WE LOVE AND MISS	
SUZANNE	SANDERS	SALT LAKE CITY	UT	USA	YOU!	Best Friends Animal Society
KATHY	HUNTER	SALT LAKE CITY	UT	USA	MOM	Als
VEE	RECHSTEINER	SALT LAKE CITY	UT	USA	TO THOSE THAT MAY FEEL DOWN AND OUT, THERE IS HOPE.	Arc Of Utah
VEE	RECHSTEINER	SALT LAKE CITY	UT	USA	ACT FOR SOCIAL JUSTICE	
					TO MY AMAZING CHILDREN AND MY FOREVER LOYAL LUKE AND MAX. LOVE AND	
SUZANNE	SANDERS	SALT LAKE CITY	UT	USA	COMFORT TO ALL GOD'S CREATURES	Best Friends Animal Society Aspca
DONNA	THOMAS	SALT LAKE CITY	UT	USA	FOR THOSE WHO CAN'T.	Utah Humane Society
NANCY	CLEVELAND	SALT LAKE CITY	UT	USA	THIS RUN IS FOR MY BROTHER MARK WHO PASSED AWAY APRIL 2011.	
CARMEN	BREVIS	SALT LAKE CITY	UT	USA	HTTP://CARMENBREVISRUNNINGTEAM.BLOGSPOT.COM	You Chose One!
KATHY	HUNTER	SALT LAKE CITY	UT	USA	RUN MOM RUN!	Als
BRUCE	TROUTMAN	SALT LAKE CITY	UT	USA	FOR THOSE WHO CAN NOT RUN - LET US RUN IN HOPE THEY SOMEDAY MAY	American Diabetes Foundation
KATHY	HUNTER	SALT LAKE CITY	UT	USA	RUN WITH MOM	Crohn'S/Colitis Foundation
DIANE	TEECE	SALT LAKE CITY	UT	USA	USE IT OR LOSE IT!	American Red Cross
NILE	LARSEN	SALT LAKE CITY	UT	USA	RUN FOR YOUR LIFE!	Utah Environmental Congress

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
LYN	CHRISTIAN	SALT LAKE CITY	UT	USA	IF YOU WANT TO PARTICIPATE WITH ME ON THIS RUN EMAIL ME AT LYN@SOULSALT.COM !	
KATHY	HUNTER	SALT LAKE CITY	UT	USA	RUN FOREVER MOM	Als
LYN	CHRISTIAN	SALT LAKE CITY	UT	USA	RON AND MAURINE HATFIELD	Let'S Give Ron And Maurine A Ride
DERREK	DRAPER	SALT LAKE CITY	UT	USA	RON AND MAURINE HATFIELD	Let'S Give Ron And Maurine A Ride
LYN	CHRISTIAN	SALT LAKE CITY	UT	USA	TEAM BAD ASS LOVES WORLD RUN DAY!!	
DERREK	DRAPER	SALT LAKE CITY	UT	USA		
MEGAN	DRAPER	SALT LAKE CITY	UT	USA		
KATHY	HUNTER	SALT LAKE CITY	UT	USA		Melanoma Cancer Research
BOBBI	MILLARD	SANDY	UT	USA	MAKE TODAY MATTER""	Susan G. Kowmen Breast Cancer Foundation
					GOD, BLESS THIS DAY. AS I GO ABOUT MY DAILY ROUTINE, HELP ME TO BE RENEWED AND NURTURED.	
BOBBI	MILLARD	SANDY	UT	USA	TO MARY, WHOSE STRENGTH, WISDOM, KINDNESS, HUMOR, AND BEAUTY INSPIRE ME EVERY TIME I THINK OF HER.	Susan G Komen Breast Cancer
SARAH	MAULDEN	SANDY	UT	USA		Not Sure Yet. Still Deciding.
HEATHER	WALKER	SANDY	UT	USA	IF I CAN DO THREE... I CAN DO FOUR AND IF I CAN DO FOUR.... I CAN DO FIVE!	Humane Society Or Any Animal Rescue Organization
KATHY	DELPINO	SANDY	UT	USA	GOOD LUCK TO ALL THE RUNNERS AND HAVE FUN	Humane Society Of Utah
RON	DELPINO	SANDY	UT	USA	GOOD LUCK TO ALL RUNNERS	Humane Society Of Utah
TANA	CARPENTER	SANDY	UT	USA	RUN FOR YOUR HEALTH	
ANDREW	PULLENS	SANDY	UT	USA	WHILE (DISTANCE < RACE.LENGTH()) {ME.RUN();}	
JEFF	JOHNSON	SOUTH JORDAN	UT	USA	DEDICATED TO AMY JOHNSON, WHO I WILL LOVE THROUGHOUT ETERNITY.	Lds Church Missionary Fund
CANDY	HENDRIX	SOUTH OGDEN	UT	USA	TO ALL THE GREAT FATHERS!	Copd
BECKY	STURMAN	SPRINGVILLE	UT	USA	RUNNERS ANONYMOUS: HI MY NAME IS BECKY...AND I AM ADDICTED TO RUNNING WHETHER YOU BELIEVE YOU CAN OR BELIEVE YOU CAN'T, YOU'RE PROBABLY RIGHT."	
DAN	FREY	SYRACUSE	UT	USA	-HENRY FORD"	St Anns Mission In Ogden Utah
KAREN	LAO	TAYLORSVILLE	UT	USA	DEDICATED TO MY KIDS BROOKLYN AND LANI	American Diabetes Assoc.
LISA	NIELSON	TOOELE	UT	USA	FOR MY MOM AND HER FIGHT AGAINST TYPE 1 DIABETES	
SIRENA	RIDDLE	TOOELE	UT	USA	RUN FOR HEALTH	
DEE	SPARKS	TOOELE	UT	USA	I CAN DO IT.	
DANETTE	MEAD	TOOELE	UT	USA	THOSE WHO GIVE US WINGS ARE SAD NOT TO SEE THEM FLY.	
JAN	TOLER	TREMONTON	UT	USA	FOR ALL THE SURVIVORS	
MINDY	SAARI	VERNAL	UT	USA	TOUGH TIMES NEVER LAST, TOUGH PEOPLE DO	Utah Foster Care Foundation
FRANCENE	ROWLAND	W. JORDAN	UT	USA	NO MESSAGE REQUESTED THIS YEAR	Peace Corps. Shelby
DIANA	KLINE	WEST JORDAN	UT	USA	NO MESSAGE REQUESTED THIS YEAR	Peace Corps
MISTY	SUAREZ	WEST JORDAN	UT	USA	NO MESSAGE REQUESTED THIS YEAR	Peace Corps
TINA	MILLER	WEST JORDAN	UT	USA	NO MESSAGE REQUESTED THIS YEAR	Peace Corps
ANGIE	KLUNKER	WEST JORDAN	UT	USA	ABLE TO RUN	
MICHELLE	FRAZIER EAGAN	WEST JORDAN	UT	USA	THANK YOU TO MY FATHER, MOTHER, AND SISTERS FOR BELIEVING IN ME!	American Cancer Society
TIANA	LOFGREEN	WOODS CROSS	UT	USA	I'M RUNNING SO THAT BABIES WILL GROW UP TO RUN, TOO.	March Of Dimes
JAMES	STRATTON	ALEXANDRI	VA	USA	IN SUPPORT OF LLS AND ALL THEY DO	Leukemia Lymphoma Society
BRIAN	ROBERTSON	ALEXANDRIA	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Rails To Trails
OFELIA	PEROTTI	ALEXANDRIA	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Breast Cancer Foundation
STEPHANIE	CLARK	ALEXANDRIA	VA	USA	7/8: FALL DOWN SEVEN TIMES, GET UP EIGHT.	Heroes-Police Officer Charity

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
JOANIE	GUERRERO	ALEXANDRIA	VA	USA	10 PULL-UPS FOR SDC	Heroes-Police Charity
TINA	KOPILCHACK	ALEXANDRIA	VA	USA	TO THOSE WHO HAVE FOUGHT OR ARE FIGHTING MS.	National Ms Society
TERRY	KRAFT	ALEXANDRIA	VA	USA	IN MEMORY OF TURK GREEN - BBSOB! DEDICATED TO JOHN AND PAT, MY ADOPTED PARENTS WHO WERE TAKEN BY CANCER THIS YEAR.	National Cancer Society
ASSUNTA	LOPEZ	ALEXANDRIA	VA	USA	GET OUT AND RUN!	American Cancer Society
LISA	NATHAN	ALEXANDRIA	VA	USA	PAUL DRAPER, HERE'S TO LIFE!	Bread For The City
RENEE	RAY	ALEXANDRIA	VA	USA	SELF-DISCIPLINE	Rails To Trails
BRIAN	ROBERTSON	ALEXANDRIA	VA	USA	THANK YOU!	Cfids Association Of America
ANNETTE	YUNKER	ALEXANDRIA	VA	USA	RUNNING IS CHEAPER THAN THERAPY!	St. Jude'S Research Hospital
MARITZA	ZULUAGA	ALEXANDRIA	VA	USA	IM RUNNING FOR MY HUSBAND WHO IS OVERSEAS!"	United Way
EFFIE	GLOVER	ALEXANDRIA	VA	USA	MOLLY	St Judes
ALLISON	MECONI	ALEXANDRIA	VA	USA	I AM DEDICATING THIS RUN TO SDC, FOR LISTENING TO ME TALKING ABOUT RUNNING FOR 4 MONTHS.	Wounded Warriors
JOANIE	GUERRERO	ALEXANDRIA	VA	USA	RUNNING FOR THE HELLTH OF IT!	Wounded Warrior
STEPHANIE	CLARK	ALEXANDRIA	VA	USA	HAVE FUN!	Rails To Trails Conservancy
BRIAN	ROBERTSON	ALEXANDRIA	VA	USA	RUNNERS RULE! HAPPY WORLD RUN DAY EVERYONE!	Cfc
STEPHANIE	CLARK	ALEXANDRIA	VA	USA	HAPPY RUN DAY!	Cfc
JOANIE	GUERRERO	ALEXANDRIA	VA	USA	PSALM 107:1 GIVE THANKS TO THE LORD FOR HE IS GOOD, HIS LOVE ENDURES FOREVER!	
ASHLEY	ROBINSON	ALEXANDRIA	VA	USA	LET US RUN WITH PERSEVERANCE, THE RACE MARKED OUT FOR US, FOR HE WHO CALLED US IS WORTHY.	
TIMOTHY	ROBINSON	ALEXANDRIA	VA	USA	TO EVERYONE WHO CAN'T BE HOME WITH THEIR FAMILIES THIS HOLIDAY SEASON!	Children'S Charities Of America
MELEYA	BEAVER	ALEXANDRIA	VA	USA	LOVE TO RUN!	Rails-To-Trails Conservancy
BRIAN	ROBERTSON	ALEXANDRIA	VA	USA	*,*	Breast Cancer
DANA	COPPOLA	ALEXANDRIA	VA	USA	GO RUNNERS!	American Cancer Society
LISA	NATHAN	ALEXANDRIA	VA	USA	PAIN IS TEMPORARY.	Wounded Warrior Foundation
JOSE	BEITIA	ALEXANDRIA	VA	USA	DEDICATE TO THE WORLD!	
JOANIE	GUERRERO	ALEXANDRIA	VA	USA	GOOD LUCK!	
STEPHANIE	CLARK	ALEXANDRIA	VA	USA	DEDICATED TO MY SIBLINGS, TAMI & MATTHEW	Ccfa
EMILY	BLAKEMORE	ALEXANDRIA	VA	USA	DEDICATED TO OUR LONG DISTANCE FAMILY!	
ASHLEY	ROBINSON	ALEXANDRIA	VA	USA	DEDICATED TO OUR LONG DISTANCE FAMILY!	
TIMOTHY	ROBINSON	ALEXANDRIA	VA	USA	NEVER GIVE UP	
DESSTON	HASKINS	ALEXANDRIA	VA	USA	NEVER GIVE UP	
DESSTON	HASKINS	ALEXANDRIA	VA	USA	LOVE TO RUN!	Rails To Trails Conservancy
BRIAN	ROBERTSON	ALEXANDRIA	VA	USA	4 MO	
ROBERTA	MASSIAH	ALEXANDRIA	VA	USA	GO RUNNERS!	Children'S Hospital
LISA	NATHAN	ALEXANDRIA	VA	USA	RUNNING...ONE OF MY FAVORITE THINGS.	
STELLA	HUGHES	ALEXANDRIA	VA	USA	RUNNING WITH MY FAMILY AND KIDS TO SHOW THEM BEING HEALTHY IS A WONDERFUL THING!!!	Susan G. Komen
NATALIE	TROGUS	ALEXANDRIA	VA	USA	I RUN TO STAY HEALTHY	Susan G Komen
DENNIS	TROGUS	ALEXANDRIA	VA	USA	I RUN TO STAY HEALTHY	St Jude
ALEXANDRA	TROGUS	ALEXANDRIA	VA	USA	I RUN TO STAY HEALTHY	St Jude
LUCAS	TROGUS	ALEXANDRIA	VA	USA	I RUN TO STAY HEALTHY	St Jude

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
WENDY	DRIVER	ALEXANDRIA	VA	USA	THIS IS FOR MY MENTOR, JEFFREY J GRAY.	Back On My Feet
LISA	CURETON	ALEXANDRIA	VA	USA	IF YOU'RE GOING THRU HELL, RUN FASTER.	Cfc
BRIAN	ROBERTSON	ALEXANDRIA	VA	USA	VETERANS DAY 10K	Rails To Trails Conservancy
LISA	NATHAN	ALEXANDRIA	VA	USA	GO RUNNERS!	Bread For The City
KRISTEN	GROVER	ALEXANDRIA	VA	USA	JUST RUN.	
JACKSON	GROVER	ALEXANDRIA	VA	USA	RUN	
ELIJAH	GROVER	ALEXANDRIA	VA	USA	RUN	
KRISTIN	CLARKE	ALEXANDRIA	VA	USA	IT IS NEVER TOO LATE TO BE WHAT YOU MIGHT HAVE BEEN. -ANONYMOUS	Wounded Warrior Project
LISA	NATHAN	ALEXANDRIA	VA	USA	GOOD LUCK TO ALL!	Bread For The City
LISA	NATHAN	ALEXANDRIA	VA	USA		
ROBERT	ROBINSON	APPOMATTOX	VA	USA	RUNNING IN MEMORY OF DAD (WALTER LEONARD ROBINSON)	American Cancer Society
PAM	ROBINSON	APPOMATTOX	VA	USA	MAKE THE REST OF YOUR LIFE THE BEST OF YOUR LIFE!	
DANIELLE	MILLER	ARLINGTON	VA	USA	NO MESSAGE REQUESTED	Red Cross (Katrina Relief)
					LIFE ISN'T ABOUT FINDING YOURSELF, IT'S ABOUT CREATING YOURSELF... LIFE IS	
BRENDAN	CURVEY	ARLINGTON	VA	USA	GOOD SO ENJOY THE RIDE...	Sloane-Kettering Hospital/Sarcoma Center
JASON	ERDO	ARLINGTON	VA	USA	RUN LIKE YOU CAN SEE THE FINISH LINE.	
REBECCA	NATHAN	ARLINGTON	VA	USA	DEDICATED TO OUR TROOPS OVERSEAS	
					I WANT TO DEDICATE THIS RUN TO MY FAMILY. THEY MEAN EVERYTHING TO ME AND	
AMY	GAY	ARLINGTON	VA	USA	MAKE ME A BETTER PERSON.	
					PHILIPPIANS 4:13 I CAN DO EVERYTHING THROUGH HIM THAT GIVES ME	
ERIN	EBMEIER	ARLINGTON	VA	USA	STRENGTH!""	Girls On The Run
CHI	SASTRY	ARLINGTON	VA	USA	????	?
TANIA	WILKES	ARLINGTON	VA	USA	EACH ONE REACH ONE	Carpenter'S Shelter Alexandria Va
ROBERTA	MASSIAH	ARLINGTON	VA	USA	IN MEMORY OF MAUREEN, FOR WHOM I'LL BE RUNNING A MARATHON IN JANUARY	Roswell Park Cancer Institute
LISA	DOWDELL	ARLINGTON	VA	USA	THANKS, MOM!	Ccfa
MATTHEW	CRAIG	ARLINGTON	VA	USA	HAPPY ST. PATRICK'S DAY!	
MATTHEW	CRAIG	ARLINGTON	VA	USA	JUST RUN!	
					IT'S SUPPOSED TO BE HARD. IF IT WASN'T HARD, EVERYONE WOULD DO IT. THAT'S	
LINDSAY	ROBINSON	ARLINGTON	VA	USA	WHAT MAKES IT GREAT!	Spca
GEORGE	BARIDO	ARLINGTON	VA	USA	THE 2 SURE WAYS TO FAIL ARE TO NEVER TRY AND TO QUIT.	AcS
JEAN	BARIDO	ARLINGTON	VA	USA	BE ALL YOU CAN BE	
ANDREA	ROSS	ARLINGTON	VA	USA	RUN!	
JASON	ERDO	ARLINGTON	VA	USA		
KELLY	BUROKER	ARLINGTON	VA	USA		
JENNIFER	AURILI	ASHBURN	VA	USA	DOING A DUATHLON FOR A CHALLENGE AND FOR CHARITY. :-)	Aspca
MIKAEL	AURILI	ASHBURN	VA	USA	DOING A DUATHLON FOR THE CHALLENGE.	Aspca
					TO MY MOM AND DAD, WHO NEVER STOP AT A NO AND ARE AN INCREDIBLE	
ATZIRI	IBANEZ	ASHBURN	VA	USA	INSPIRATION TO ME."	Not Sure Yet
GABRIEL	IBANEZ	ASHBURN	VA	USA	TO MY MOM WHO TAUGHT ME HOW TO MAKE MY OWN DECISIONS.	To Be Determined
BILL	KHAYAT	ASHBURN	VA	USA	THIS RUN IS DEDICATED TO SEAN TAYLOR!	Arizona Animal Welfare League & Spca
LISA	MILLAR	ASHBURN	VA	USA	GROUP EVENT DIRECTOR	
JUAN	IBANEZ	ASHBURN	VA	USA	PARA EL AMOR DE MI VIDA	Ymca
ATZIRI	IBANEZ	ASHBURN	VA	USA	TO MY PATITO PARA Q SE QUITE LA BARBITA	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
ELAINE	NGUYEN	ASHBURN	VA	USA	LIVE LIFE!	Leukemia & Lymphoma Society
MARY	JORDAN	ASHBURN	VA	USA	RUNNING TO RAISE AWARENESS OF COLLEGE READINESS FOR STDS. W/ ADHD, ADD, EF, LEARNING DISABILITIES	My College Compass, Llc
GLENN	JORDAN	ASHBURN	VA	USA	RUNNING TO RAISE AWARENESS OF COLLEGE READINESS FOR STDS. W/ ADHD, ADD, EF, LEARNING DISABILITIES	My College Compass, Llc
VINCENT	JORDAN	ASHBURN	VA	USA	RUNNING TO RAISE AWARENESS OF COLLEGE READINESS FOR STDS. W/ ADHD, ADD, EF, LEARNING DISABILITIES	My College Compass, Llc
AVA BELLA	JORDAN	ASHBURN	VA	USA	RUNNING TO RAISE AWARENESS OF COLLEGE READINESS FOR STDS. W/ ADHD, ADD, EF, LEARNING DISABILITIES	My College Compass, Llc
CHRISTINE	BOAST	BARBOURSVILLE	VA	USA	I DEDICATE THIS RUN TO MY PARENTS.	
ANDREW	JACOBS	BARBOURSVILLE	VA	USA	I DEDICATE MY RUN TO MY WIFE'S PARENTS.	
DAVID	EBBECKE	BEALETON	VA	USA	FOR MOM	St. Judes
BETTY	BRYAN	BEALETON	VA	USA		
THAD	DECKER	BENA	VA	USA	TO MY WIFE WHO SUPPORTS ME WHEN I M TRAINING FOR HOURS, THANK YOU SO MUCH FOR YOUR LOVE AND SUPPORT! RUN WHEN YOU CAN, WALK IF YOU HAVE TO, CRAWL IF YOU MUST; JUST NEVER GIVE UP.	Speedway Children'S Charities
BRIDGET	ADDINGTON	BRISTOL	VA	USA	I LOVE YOU DAVID!	
BRIDGET	ADDINGTON	BRISTOL	VA	USA	DEDICATED TO SABINE THE ONE WHO INTRODUCED ME TO RUNNING	Red Cross
DEBORAH	RAPOLE	BRISTOW	VA	USA	HAPPY TRAILS TO ALL!	
JUSTIN	TURNER	BRISTOW	VA	USA	I RUN TO STAY HEALTHY!	Nocc
JUNE	HAVILAND	BRISTOW	VA	USA	LIFE IS GOOD!	United Way Charities
TAMMIE	BERGER	BROADLANDS	VA	USA	LIVE YOUR BEST LIFE!	Local Food Banks
TAMMIE	BERGER	BROADLANDS	VA	USA	I LOVE RUNNING WITH MY MOM!	Local Food Banks
RYAN	BERGER	BROADLANDS	VA	USA		
TAMMIE	BERGER	BROADLANDS	VA	USA		
RYAN	BERGER	BROADLANDS	VA	USA		
ALISON	HALL	BURKE	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Felician Sisters Our Lady Of The Sacred Heart Province
JANINE	BAKER	BURKE	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Children International
EILEEN	MCCARTHY-WHITE	BURKE	VA	USA	PATRICK MCCARTHY	American Cancer Society
VIRGINIA	LAGO	BURKE	VA	USA	RUNNING FOR THE DOGS	Aspca
ANNIE	MAHONEY	BURKE	VA	USA	DEDICATED TO WOMEN EVERYWHERE	Komen Breast Cancer
LISA	NELSON-BROWN	BURKE	VA	USA	IT DOESN'T MATTER HOW FAR OR FAST YOU RUN, JUST RUN!	Red Cross
VIRGINIA	LAGO	BURKE	VA	USA	XXXOOO	Crohn'Scolitis
VIRGINIA	LAGO	BURKE	VA	USA		
REGINA	DAVIDS	CENTREVILLE	VA	USA	TODAY IS A GIFT. THAT'S WHY IT'S CALLED THE PRESENT. DEDICATION IS NOT WHAT OTHERS EXPECT OF YOU, IT IS WHAT YOU CAN GIVE TO OTHERS.	Humane Society Of Fairfax, Va
BECKY	WALTON	CENTREVILLE	VA	USA	THIS IS FOR BARRY GREENBERG. WE LOVE YOU AND MISS YOU.	Heiffer International
MICHELLE	WENTZEL	CENTREVILLE	VA	USA	IN DEDICATION OF ROCKY	
KATIE	ROMANO	CENTREVILLE	VA	USA	I RUN BECAUSE I CAN	American Lung Association
MICHELE	GROSZ	CHANTILLY	VA	USA		
ANA	KOCUR	CHANTILLY	VA	USA	N/A	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
MOLLY	COHN	CHARLOTTESVILLE	VA	USA	GO TEAM DIABETES!	Operation Smile
JEREL	JACOBS JR	CHARLOTTESVILLE	VA	USA	PROUDLY SUPPORTING WORLD RUN DAY! RACING FOR A CURE FOR LEUKEMIA AND LYMPHOMA!	
ANNE	MCEWAN	CHARLOTTESVILLE	VA	USA	HTTP://PAGES.TEAMINTRAINING.ORG/VA/CORPS09/AMCEWAN	Leukemia And Lymphoma Society
DEAN	CALL	CHESAPEAKE	VA	USA	NO MESSAGE REQUESTED THIS YEAR	American Cancer Society
MICHAEL	BARLOW	CHESAPEAKE	VA	USA	HELP YOUR COMMUNITY (FOODBANK, GOODWILL, TOYS FOR TOTS, ETC.)	Foodbank Of Southeastern Hampton Roads
DENNIS	FITZPATRICK	CHESAPEAKE	VA	USA	FOR TURK	Esophageal Cancer Research
JEAN	FITZPATRICK	CHESAPEAKE	VA	USA	FOR TURK	Treasure Coast Hospice
PARKE	GUTHNER	CHESAPEAKE	VA	USA	IN HONOR OF OUR SHIPMATE TURK GREEN.	American Cancer Society
KEITH	NIELSEN	CHESAPEAKE	VA	USA	KEEP RUNNING!	
KATHY	NIELSEN	CHESAPEAKE	VA	USA	KEITH IS MY HERO	
SEAN	BERGER	CHESAPEAKE	VA	USA	IT AIN'T ABOUT HOW HARD YOU HIT. IT'S ABOUT HOW HARD YOU CAN GET HIT AND KEEP MOVING FORWARD.	Navy And Marine Corp Relief Society
KIMBERLY	LOKEMAN	CHESAPEAKE	VA	USA	RUN YOUR RACE!	House Of Esther Ministries
NICOLE	DUBECK	CHESAPEAKE	VA	USA	I AM ADDICTED TO RUNNING, CAN'T STOP.	Girls On The Run For South Hampton Roads
KRISTI	BERGIN-SMITH	CHESAPEAKE	VA	USA	I WILL BECAUSE NOT EVERYONE CAN!	Susan G. Komen
RHIANNA	COLE	CHESAPEAKE	VA	USA	LIFE IS GOOD. SPREAD GOOD VIBES. YOU'RE OFF TO GREAT PLACES! TODAY IS YOUR DAY! YOUR MOUNTAIN IS WAITING, SO... GET ON YOUR WAY!	
STEVE	MARABLE	CHESAPEAKE	VA	USA	SO... GET ON YOUR WAY!	
MICHAELA	MILLAN	CHESTER	VA	USA	RUN 4 FUN!	
MARTIN	STEINER	CHESTERFIELD	VA	USA	RUNNING ON BEHALF OF WOUNDED WARRIORS AND THEIR FAMILIES	Families Of The Wounded Fund
MARTIN	STEINER	CHESTERFIELD	VA	USA	RUNNING FOR WOUNDED WARRIORS!	Virginia Wounded Warrior Program
DIANA	MAXWELL	CHESTERFIELD	VA	USA	YOU CAN'T WAIT FOR INSPIRATION, YOU HAVE TO CHASE IT. STRENGTH DOES NOT COME FROM PHYSICAL CAPACITY. IT COMES FROM AN INDOMITABLE WILL.† † †~ GANDHI	Kiva.Org
SHELLIE	BUCHANAN	CHRISTIANSBURG	VA	USA	INDOMITABLE WILL.† † †~ GANDHI	
SHAWNA	HAHN	CLIFTON	VA	USA	NONE	
MICHAEL	STUMPH	CULPEPER	VA	USA	DEDICATED TO ALL CANCER VICTIMS!	Livestrong
DON	PETERSON	CULPEPER	VA	USA	IN MEMORY OF RACHEL	
A	BAUGH	CULPEPER	VA	USA	TO MY GRANDKIDS	
JESSICA	BELL	CULPEPER	VA	USA	HAPPY RUN DAY!	
MICHELLE	SIVELS	DALE CITY	VA	USA	THIS RUN IS DEDICATED TO THE 500 MILE CLUB	Any Cancer Charity
KARIN	GANDER	FAIRFAX	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Spca Of Northern Virginia
KAREN	ZELONIS	FAIRFAX	VA	USA	BYE BYE TENDONITIS!	
JENNIFER	PAXTON	FAIRFAX	VA	USA	WISDOM FROM THE JOURNEY. WHETHER YOU BELIEVE YOU CAN OR BELIEVE YOU CAN'T, YOU'RE PROBABLY RIGHT." -	Wounded Warrior Project
CLAUDIA	COVELL	FAIRFAX	VA	USA	HENRY FORD"	Heifer International
ANITA	BUROKER	FAIRFAX	VA	USA	DO IT--AGE DOESN'T MATTER	
ANITA	BUROKER	FAIRFAX	VA	USA	KEEP ON MOVIN.	
KAREN	ZELONIS	FAIRFAX	VA	USA	RUN! KATHY MILES WORTHY GRAND MATRON ORDER OF THE EASTERN STAR (WWW.VAOESTAR.ORG)	Shriner'S Hospitals
AMANDA	CARTER	FAIRFAX	VA	USA	STADIUMS ARE FOR SPECTATORS. WE RUNNERS HAVE NATURE AND THAT IS MUCH BETTER. JUHA V%%o%%oT%%oINEN	Horatio Alger Assoc. Of Distinguished Americans
JAMES	GRAVATT	FAIRFAX STATION	VA	USA	BETTER. JUHA V%%o%%oT%%oINEN	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
HEATHER	MOLINO	FAIRFAX STATION	VA	USA	RUN MOQUAD! RUN!	Autism Speaks
CHRIS	MOLINO	FAIRFAX STATION	VA	USA	RUN MOQUAD! RUN!	
ELENA	JAMISON	FAIRFAX VA	VA	USA	GOD	American Red Cross C/O Hurricane Katrina
RACHEL	LAZAR	FALLS CHURCH	VA	USA	NO MESSAGE REQUESTED	
SHERA	REEMS	FALLS CHURCH	VA	USA	FOR CATE	
GAIL	STATON	FOREST	VA	USA	RUN HARD; LIVE LONG	
HOLLY	GRASZ	FORT EUSTIS	VA	USA	BELIEVE AND ACHIEVE YOUR GOALS""	Mother'S Against Drunk Drivers (Madd)
URVE	ESNA	FREDERICKSBURG	VA	USA	DEDICATED TO - MY BEAUTIFUL DAUGHTER, CARMEN	
JOSEPH	DANZ	FREDERICKSBURG	VA	USA	IT'S BETTER TO BE HATED FOR WHO YOU ARE THAN LOVED FOR WHO YOU ARE NOT	
JOSEPH	DANZ	FREDERICKSBURG	VA	USA	IT'S BETTER TO BE HATED FOR WHO YOU ARE THAN LOVED FOR WHO YOU'RE NOT	
TAMMY	ORNDORFF	FRONT ROYAL	VA	USA	THIS RUN IS FOR MY GRANDFATHER, OSCAR BOWMAN, I DON'T THINK HE KNEW HOW MUCH I LOVED HIM.	American Heart Association
SUZANNE	HICKEY	FT MONROE	VA	USA	LIVESTRONG	
MICHAEL	DELOZIER	GAINESVILLE	VA	USA	.	
BRIDGET	CEASE	GLEN ALLEN	VA	USA	I RUN BECAUSE I'M FORTUNATE TO BE ABLE TO!	
WOODROW	HARPER	GLEN ALLEN	VA	USA	LOVE TO LIVE & LIVE TO LOVE	Red Cross
WOODROW	HARPER	GLEN ALLEN	VA	USA	RUN, RUN SOME MORE..MAKES THE BEER BETTER !	American Red Cross
SUE	WOOD	GOODE	VA	USA	I'M SLOW, I KNOW, GET OVER IT!	American Cancer Society
JENNIFER	RAMIREZ	GORDONSVILLE	VA	USA	DEDICATED TO ALL THOSE WHO ARE JUST GETTING STARTED OR INTRODUCED INTO RUNNING AS A LIFESTYLE.	American Cancer Society
ALLISON	ARNOLD	GREENBACKVILLE	VA	USA	RUNNING FOR LIFE, HEALTH AND HAPPINESS	Girls Rock Book Club
AUDRA	WEBB	HALIFAX	VA	USA	NO ONE EVER DROWNED IN SWEAT." -AUTHOR UNKNOWN"	
LAUREN	SMITH	HAMILTON	VA	USA	LIFE... IT'S NOT ALWAYS PRETTY, BUT IT'S REAL!	Als Hope Foundation
MICHELE	CONWAY	HAMPTON	VA	USA	GET RUNNING!	Leukemia Society
AL	SCHERRER	HAMPTON	VA	USA	REMEMBER WHEN	
DONNA	SCHERRER	HAMPTON	VA	USA	REMEMBER WHEN	Leukemia Society
JESSICA	STRUHS	HAMPTON	VA	USA	RUN SOME MORE!	Cat'S Cradle Of The Shenandoah Valley
GWYNN	HARRISON	HARRISONBURG	VA	USA	IN PREPARATION FOR OUR FIRST MARATHON IN MARCH!	
GWYNN	HARRISON	HARRISONBURG	VA	USA	IN PREPARATION FOR OUR FIRST MARATHON	
AMY	BUGLASS	HARRISONBURG	VA	USA	I AM A CAT LOVER AND I LOVE TO RUN! HTTP://YOUTU.BE/SP4NMOJCFD4 RUNNING TO SUPPORT CAT'S CRADLE VA	
BRITTANY	LEADER	HARRISONBURG	VA	USA	ALL THINGS ARE POSSIBLE	American Heart Association
JENNIFER	HILL	HAYMARKET	VA	USA	MY RUN IS DEDICATED TO THE STRONGEST PERSON I KNOW, EMILY	
BJ	PEACE	HENRICO	VA	USA	I'LL RIDE THE WAVE WHERE IT TAKES ME - E.V.	Camp Holiday Trails
SUSIE	BARRY	HERNDON	VA	USA	NOTHING IS IMPOSSIBLE!	St. Judes Childrens Hospital
SUSIE	BARRY	HERNDON	VA	USA	*	Freedom To Marry
AMBER	HARDING	JONESVILLE	VA	USA	COUPLE THAT RUNS TOGETHER, STAYS TOGETHER.	
SILKIA	RAMOS	JONESVILLE	VA	USA	COUPLES THAT RUN TOGETHER, STAY TOGETHER.	
MICHELLE	WEEGMANN	KINGSTOWNE	VA	USA	NO MESSAGE REQUESTED	
RENAE	REDICK	LEESBURG	VA	USA	RUN FOR HEALTH!	Rainn
KATHLEEN	FINNEGAN	LEESBURG	VA	USA	TAKING IT ONE STEP AT A TIME...	Operation Starfish Http://Operation-Starfish.Org/
EDIE	REARDON	LEESBURG	VA	USA	RUN FOR PEACE!	

First Name	Last Name	City	State	Country	Message	Charity Name
STEPHANIE	STERBINSKY	LEESBURG	VA	USA	THE GREATEST PLEASURE IN LIFE, IS DOING THE THINGS PEOPLE SAY WE CANNOT DO. -- WALTER BAGEHOT	Inova Juniper Program
ANNA	GRAHAM	LEXINGTON	VA	USA	RUN BECAUSE YOU CAN!	
CINDY	CRANCE	LEXINGTON	VA	USA	I'M SLOW I KNOW, GET OVER IT!	Relay For Life
SUSAN	CRABTREE	LYNCHBURG	VA	USA	YOU CAN DO MORE THAN YOU THINK YOU CAN" DR. DAVID HORTON"	Aa&Mdsif
SUSAN	CRABTREE	LYNCHBURG	VA	USA		
KAREN	FORD	MANAKIN SABOT	VA	USA	NO MESSAGE REQUESTED	American Diabetes Association
KAREN	FORD	MANAKIN SABOT	VA	USA	HAPPINESS IS THE SPIRITUAL EXPERIENCE OF LIVING EVERY MINUTE WITH LOVE, GRACE, AND GRATITUDE.	Aspca
TERRI	DRIVER	MANASSAS	VA	USA	I RUN FOR PEACE.	Campaign For Tibet
GIOVANNA	CASAS	MANASSAS	VA	USA	OUR MASCARA RUNS FASTER THAN YOU""	
DR JEFFREY	DRIVER	MANASSAS	VA	USA	RUN FOR LIFE!	Livestrong Foundation
JENNIFER	JONES-CALHOUN	MANASSAS	VA	USA	PSM.121	
MICHELLE	WEILER	MANASSAS	VA	USA	!	
DAWN	DEPETRIS	MANASSAS	VA	USA	RUNNING FOR THOSE WHO CAN'T!	American Cancer Society
DEBBY	ROBINSON	MCLEAN	VA	USA	DEDICATED TO ALL THE ONES I LOVE DEARLY WITH ALL MY HEART!	New Vision Church
LAURIE	HOLCOMBE	MCLEAN	VA	USA		
JAMES	WARNER	MECHANICSVILLE	VA	USA	LIVE LIFE TO THE FULLEST	
REBECCA	WETTERAHN	MIDDLEBURG	VA	USA	RUNNING FOR ALL THOSE WHO CAN NO LONGER RUN	
WILLIAM	CHADIM	MIDLOTHIAN	VA	USA	RUN FOR FUN	
MARY	MARTINEZ	MIDLOTHIAN	VA	USA	DEDICATED TO CANCER SURVIVORS AND THOSE THAT LOST THE FIGHT	Susan Komen Foundation
ANNMARIE	MULDOON	MINERAL	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Arthritis Foundation
ANNMARIE	MULDOON	MINERAL	VA	USA	.	
WOODROW	REA	NEWPORT NEWS	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Fresno Interdenominational Refugee Ministries
WOODIE	REA	NEWPORT NEWS	VA	USA	NO MESSAGE REQUESTED	Church World Services
CHRISTINA	CARNEY	NEWPORT NEWS	VA	USA	I DEDICATE MY RUN TO MY FAMILY AND TO MY DAUGHTER WHO LOVES TO RUN AS MUCH AS MYSELF!	Susan G. Komen
CARLEIGH	CARNEY-NICHOLLS	NEWPORT NEWS	VA	USA	DEDICATED TO THOSE WHO CANNOT RUN ON THE 9TH OF NOVEMBER! GO MOMMY!!!!	
CHRISTOPHER	REOYO	NEWPORT NEWS	VA	USA	I AM DEDICATING MY RUN TO MY WONDERFUL GIRLFRIEND NICOLE AND PARENTS!	Fresno Interdenominational Refugee Ministries
WOODIE	REA	NEWPORT NEWS	VA	USA	LET CLEAN WATER FLOW	United Way
RICH	KENNEY	NEWPORT NEWS	VA	USA	JESUS SAVES	
JAMES	LESSARD	NEWPORT NEWS	VA	USA	?	
LUCILA	LESSARD	NEWPORT NEWS	VA	USA	??	
KELLEY	JOHNSON	NORFOLK	VA	USA	DEDICATED TO JAY - MY INSPIRATION, INCENTIVE, AND LOVE OF MY LIFE.	Aha
BRENDA	KALIN	NORFOLK	VA	USA	LIVE WELL, PLAY HARD, ROCK ON!!" DEDICATED TO BILLY AND ESTHER SUE."	American Cancer Society
CHRISTINE	NEESE	NORFOLK	VA	USA	TO MY CHILDREN, ANNA & SAM-SAM.	Forkids
CHARLES	NEESE	NORFOLK	VA	USA	TO MY BEAUTIFUL WIFE.	Forkids
JACOB	WAMSLEY	NORFOLK	VA	USA	NEVER SLOW DOWN	Red Cross
KEN	ROBERTS	NORFOLK	VA	USA	HTTP://WWW.FIRSTGIVING.COM/EGA4XSFIT2	American Council On Fitness And Nutrition
RACHAEL	SEMCHESKI	NORFOLK	VA	USA	EVEN IF THIS HELPS ONLY ONE PERSON, IT'S WORTH IT.	Amer. Cancer Society Foodbank Of Seva Norfolk Spca

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
LUCAS	WYNN	NORFOLK	VA	USA	TO MY FAMILY AND FRIENDS THAT ARE CELEBRATING ST PATTYS DAY.	Red Cross
TAMMY	FLETCHER	NORFOLK	VA	USA	:)	
KIM	PELKE	NORFOLK	VA	USA	GO PACK GO	
MICHELE	SMITH-HARDEN	NORFOLK	VA	USA	IF YOU AIM AT NOTHING, YOU WILL HIT IT EVERY TIME.	Ms Society
VIRGINIA	WILDER	NORFOLK	VA	USA	RUN FOREST, RUN!	Joy Fund
BARBARA	KIMZEY	NORFOLK	VA	USA	I DEDICATE MY RUN TO MY TWO DAUGHTERS AND BEING HEALTHY! IN MEMORY OF MY LATE FATHER WHO HAS ALWAYS INSTILLED IN ME THE LOVE OF SPORTS.	Run For Food International
NOELLE	SAUCEDA	NORFOLK	VA	USA		
PETE	JOHNSON	NORFOLK	VA	USA		
TEALE	RYAN	OAKTON	VA	USA	TWO RACES IN 1 DAY!	Susan G Komen
BILLIE	HOLSCLAW	PETERSBURG	VA	USA	IF IT'S IMPORTANT ENOUGH, YOU'LL FIND A WAY...IF NOT, YOU'LL FIND AN EXCUSE!	Pennies For Lenny
ASHLEY	BLEVINS	PORTSMOUTH	VA	USA	HERE'S TO THE NEW YEAR	
BRUCE	BRADLEY	PORTSMOUTH	VA	USA	GREAT TO BE ALIVE, GRATEFUL TO BE DEAD.	Wounded Wear Boy Scout Troop 212'S Personal Fitness Program.
BILL	MURAT	PORTSMOUTH	VA	USA	RUN TO LIVE & LIVE TO RUN	
HEATHER	KELLER	PORTSMOUTH	VA	USA	I LOVE MY 4 SONS".	
HEATHER	KELLER	PORTSMOUTH	VA	USA		
Laurie	HOLCOMBE	POTOMAC FALLS	VA	USA	...TO MY SUPPORTIVE FAMILY AND FRIENDS --I LOVE YOU!	Susan G. Komen Breast Cancer Foundation
Whitney	HOLCOMBE	POTOMAC FALLS	VA	USA	I AM DEDICATING MY RUN TO THE WORLD WILDLIFE FUND.	World Wildlife Fund
KIM	SCHROEDER	POTOMAC FALLS	VA	USA	FOR MY FRIENDS AND FAMILY THAT CAN'T RUN.	Hospice Of Havasu
CHRIS	SCHROEDER	POTOMAC FALLS	VA	USA	ALL US MILITARY PERSONNEL.	Usa
JERRY	HILL	POWHATAN	VA	USA	UNITED	Food Bank
RAMESH	GADIRAJU	RESTON	VA	USA	FOR ALL WHO LOST LOVED ONE IN ASIAN DISASTER	
DIANA	HIRSHFELD	RESTON	VA	USA	JUST RUN!	
DIANA	HIRSHFELD	RESTON	VA	USA	JUST RUN	
ANTHONY	CHANG	RESTON	VA	USA	GET YOU RUN ON!	American Cancer Society
ANTHONY	CHANG	RESTON	VA	USA	DEDICATED TO MY MOM. HUMANE SOCIETY OF THE OHIO VALLEY STAFF WHO RESCUED MY PRECIOUS DOG, PRESTON... WWW.HSOV.ORG	American Cancer Society
JEANNIE	CROWLEY	RESTON	VA	USA	KEEP ON RUNNIN'!	Humane Society Of The Ohio Valley
ANTHONY	CHANG	RESTON	VA	USA		American Cancer Society
ANTHONY	CHANG	RESTON	VA	USA		
SHANNON	ENTREKIN	RICE	VA	USA	IN MEMORY OF ALL US MILITARY VETERANS	Active Heroes Http://Activeheroes.Org/
LESLIE	HARRIS	RICHMOND	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Arthritis Foundation
TOM	MEADOWS	RICHMOND	VA	USA	TO SILVER: TO THE BEST DAUGHTER FULL OF LIFE AND LOVE	
ALBERTO	OJEDA	RICHMOND	VA	USA	JALA MEXICANO!	
ANNN	NEUHAUS	RICHMOND	VA	USA	CHEERS TO ALL MY RUN BUDDIES!	Jdrf
JENNIFER	SWENSON	RICHMOND	VA	USA	DEDICATED TO JFS	
JENNIFER	BALDWIN	RICHMOND	VA	USA	LIVE LIFE. BE BRAVE.	Go Red
TAMU	THOMAS WALKER	RICHMOND	VA	USA	MAKING HEALTHY CHOICES IS A LIFESTYLE	
CATHERINE	BENNION	RICHMOND	VA	USA		Scan (Stop Child Abuse Now)
CATHERINE	BENNION	RICHMOND	VA	USA		
DHRISTOPHER	STEELE	ROANOKE	VA	USA	TOUGH MUDDER	Clean Valley Council
DREMA	WALKER	ROCKY GAP	VA	USA	WALK BY FAITH, NOT BY SIGHT	Local Church

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
DREMA	WALKER	ROCKY GAP	VA	USA	JUST RUN!	Bastian Union Church
DREMA	WALKER	ROCKY GAP	VA	USA	HAPPY MOTHER'S DAY MOM	Relay For Lift
JACKI	FEIJOO	ROUND HILL	VA	USA	I AM RUNNING FOR MY MOM AND HER CONTINUED STRENGTH IN BATTLING BREAST	The Breast Cancer Society
SUZANNE	SANDERS	SALT LAKE CITY	VA	USA	CANCER. SAVE THE TA-TA'S!	Best Friends Animal Society
TRACY	MAESTAS	SMITHFIELD	VA	USA	GREG AND ZACH, YOU ARE FOREVER IN OUR HEARTS. WE LOVE YOU!	Arthritis Foundation
MELISSA	STEPHAN	SMITHFIELD	VA	USA	FOR THOSE OF US IN AFGHANISTAN!	
SARAH	JACKSON	SOUTH RIDING	VA	USA	STAY STRONG	
JODY	PENROD	SOUTH RIDING	VA	USA	RUNNING IS KNOWING YOU'RE ALIVE	Wounded Warrior Foundation
KELLY	BUROKER	SPRINGFIELD	VA	USA	FOR THE WOUNDED WARRIOR FOUNDATION	Live Strong
SUZANNE	ROSS	SPRINGFIELD	VA	USA	RUN STRONG	
PATTY	BARNHILL	STAFFORD	VA	USA	FUN	
					TO GIVE ANYTHING LESS THAN YOUR BEST IS TO SACRIFICE THE GIFT.	Injured Marines Semper Fi Fund
					THE BEST PACE IS A SUICIDE PACE, AND TODAY IS A GOOD DAY TO DIE." STEVE	
JOHN	BROGDON	STAFFORD	VA	USA	PREFONTAINE"	Thearc.Org
KATHERINE	RILEY	STERLING	VA	USA	NO MESSAGE REQUESTED	Laws (Loudoun Abused Women'S Shelter)
LYNETTE	BAILEY	STERLING	VA	USA	THIS RUN IS FOR MY FAMILY, MY DEAR FRIENDS AND FOR MY HEART!!:)	
LYNETTE	BAILEY	STERLING	VA	USA	THIS IS FOR MY LIFE ,MY FAMILY ,MY FRIENDS, MY SOUL AND MY HAPPINESS!	
TRACI	LEVINE	STERLING	VA	USA	RUNNING FOR MY SON WITH ASPERGER'S! NEVER GIVE UP!	Reaching For Autism Miracles
TINA	CUNNINGHAM	STUARTS DRAFT	VA	USA	I WOULD LIKE TO DEDICATE MY RUN TO ALL THE HUNGRY CHILDREN IN THE WORLD.	
ELYCE	ARCIERI	SUFFOLK	VA	USA	RUNNING FOR FELLOW SOLDIERS IN IRAQ	
JANINE	NOVAK	SUFFOLK	VA	USA	THIS ONE IS FOR MY HUBBY, THANKS FOR ALL YOUR SUPPORT!	Toys For Tots
KATHRYN	HOWARD	SUFFOLK	VA	USA	RUNNING FOR MY FATHE IN AFGHANISTAN WHO CAN'T RUN WITH ME.	Susan G. Komen Foundation
ELIZABETH	MAY	SUFFOLK	VA	USA	TO NANA, I MISS YOU!	
ERIN	MAY	SUFFOLK	VA	USA	TO GRANNANA, I MISS YOU!	
JOYCE	SOTENGCO	VA BEACH	VA	USA	I AM DEDICATING THIS RUN TO MY SISTER, JAN, WHO IS FIGHTING BREAST CANCER.	Susan G. Komen For The Cure
JOAN	FRANTZ	VA BEACH	VA	USA	I CAN DO ALL THINGS IN CHRIST WHO STRENGTHENS US	
RACHEL	HILDEBRAND	VIENNA	VA	USA	::NOTHING GREAT HAS EVER BEEN ACHIEVED WITHOUT ENTHUSIASM::	Aspca
REBECCA	ALLEN	VIENNA	VA	USA	WAY TO GO, HENRY AND ANNA!! YOU MAKE ME SO PROUD!	Tbd
ANNA	ALLEN	VIENNA	VA	USA	I LOVE TO RUN!!	Tbd
JESSICA	HUTTON	VIGNIA BEACH	VA	USA	I DEDICATE THIS RUN TO SPROCKET...THE BEST DOG EVER!	Spca, Virginia Beach
ANGELA	CIAFARDINI-PRATT	VINTON	VA	USA	I THINK I CAN, I THINK I CAN....	Susan G. Komen
JOAN	SCHULTZ	VIRGINIA	VA	USA	NO MESSAGE REQUESTED THIS YEAR	Alliance For Children Everywhere
PHU	NGUYEN	VIRGINIA	VA	USA	BE THE CHANGE YOU WISH TO SEE IN THE WORLD" - GANDHI"	Virtual Run For Japan Earthquake Relief
BRANDON	FITCH	VIRGINIA BEACH	VA	USA		Rainforest Foundation Us
LISA	CRAFT	VIRGINIA BEACH	VA	USA		American Cancer Society
SUE	PARKS	VIRGINIA BEACH	VA	USA		American Cancer Society
TONYA	KALLMEYER	VIRGINIA BEACH	VA	USA		World Wildlife Foundatin
WILLIAM	BISHOP	VIRGINIA BEACH	VA	USA		Virginia Beach Spca
YVONNE	DODD	VIRGINIA BEACH	VA	USA		Rainforest Foundation Us
					NEVER RUN FASTER THAN YOUR GAURDIAN ANGELS CAN FLY" -IN LOVING MEMORY OF	
RICK	ALEXANDER	VIRGINIA BEACH	VA	USA	NAN."	American Cancer Society
JAY	MARTIN	VIRGINIA BEACH	VA	USA	TRAIL RUN	Back Bay Restoration Foundation
TINA	FIGUEIREDO	VIRGINIA BEACH	VA	USA	I RUN FOR THOSE WHO CANNOT...	Spca

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
HUNTER	BOLLING	VIRGINIA BEACH	VA	USA	I RUN FOR THOSE WHO CAN NOT!	American Cancer Society
LESLIE	PAUL	VIRGINIA BEACH	VA	USA	WWW.RAPSSWIM.ORG	Really Awesome People Swimming
REBECCA	ANDERSON	VIRGINIA BEACH	VA	USA	EVERY RUN IS A GREAT RUN!	St. Jude'S Research
TONNETTE	CARTIN	VIRGINIA BEACH	VA	USA	RUN BECAUSE YOU CAN.	Madd, Va
LESLIE	PAUL	VIRGINIA BEACH	VA	USA	RUNNING FOR THE WOOHOO SISTAHS WWW.WOOHOOSISTAHS.COM	Woohoo SistaHS
WILLIAM	SEIB	VIRGINIA BEACH	VA	USA	WWW.RAPSSWIM.ORG	Woohoo SistaHS
SARAH	SHIRLEY	VIRGINIA BEACH	VA	USA	11*12*11	Susan G. Komen
TINA	FIGUEIREDO	VIRGINIA BEACH	VA	USA	LIFE IS GRAND!!	Animal Care Center Of Norfolk
EMILY	CROLLEY	VIRGINIA BEACH	VA	USA	LIFE'S SHORT...WEAR STILETTOS.	St. Jude Children'S Research Hospital
ASHLEY	DOWNEY	VIRGINIA BEACH	VA	USA	RUN HARD OR GO HOME. TO MY BEST FRIEND/HUSBAND...AND MY SON LANDON BRYCE... MY BIGGEST SUPPORTERS AND FANS!	Mda
JESSICA	PINE	VIRGINIA BEACH	VA	USA	DEDICATED TO THOSE WHO LOST THEIR LIVES IN SERVICE TO OUR COUNTRY	Ymca
SHIHO	RYBSKI	VIRGINIA BEACH	VA	USA	DEDICATED TO MY GIRLS	
SHIHO	RYBSKI	VIRGINIA BEACH	VA	USA	I'M NOT A RUNNER" BUT I'M FATED TO PRETEND!"	Spca
ERIN	ROBERTSON	VIRGINIA BEACH	VA	USA	YOU CAN'T REACH FOR ANYTHING NEW IF YOUR HANDS ARE FULL OF YESTERDAY'S JUNK."~ LOUISE SMITH"	Caringbridge.Org
JENNIFER	HAEFNER	VIRGINIA BEACH	VA	USA	HAPPY BIRTHDAY, MOM!	Empty Bowls
MARGO	SMALLWOOD	VIRGINIA BEACH	VA	USA	HOW FAST YOU RUN DOES NOT MATTER...HAVING THE MOTIVATION TO DO IT DOES..JUST RUN...	
SANTRICA	WALKER	VIRGINIA BEACH	VA	USA	RUN HAPPY	Autism Awareness
AMANDA	MARTIN	VIRGINIA BEACH	VA	USA	RUN HAPPY	Autism Awareness
MARGARETE	BRANDON	VIRGINIA BEACH	VA	USA	PITMAN GRANDPARENTS	Alzheimer'S Foundation
STEVEN	TOY	VIRGINIA BEACH	VA	USA	SMOOTH SEAS NEVER MADE A SKILLED MARINER	Norfolk Animal Care Center
TINA	FIGUEIREDO	VIRGINIA BEACH	VA	USA	MY FAMILY IS THE MOST IMPORTANT PART OF MY LIFE.	
CHERYL	KURIANOWICZ	VIRGINIA BEACH	VA	USA	SM LOVES NG	Reach
STEVE	MOBLEY	VIRGINIA BEACH	VA	USA	I LOVE U	Reach
NANCY	GRAY	VIRGINIA BEACH	VA	USA	LOVE YOU MOM	Reach
TYLER	GRAY	VIRGINIA BEACH	VA	USA	MY HEART BELONGS TO SANIYAH!!	
SANTRICA	WALKER	VIRGINIA BEACH	VA	USA	.	March Of Dimes
LOGAN	LANGELIER	VIRGINIA BEACH	VA	USA	AMANDA YOU AWESOME	
AMANDA	LIGHT	VIRGINIA BEACH	VA	USA	I RUN FOR ME!	
JOYCE	JOHNSTON	VIRGINIA BEACH	VA	USA	WHAT LIES BEHIND US AND WHAT LIES BEFORE US ARE TINY MATTERS COMPARED TO WHAT LIES W/IN US -EMERSON	St Jude'S Children'S Hospital
HILLARY	GORE	WARRENTON	VA	USA	MOVING ON AND LETTING GO ISN T EASY, BUT SOMETIMES YOU NEED TO START OVER AND BE NEW AGAIN.	
STEPHANIE	BENSON	WARRENTON	VA	USA	ST. JUDE CHILDREN'S HOSPITAL	St. Judes'S Childrens Hospital
ALLISON	BELL	WILLIAMSBURG	VA	USA	I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME." PHILIPPIANS 4:13"	Heritage Humane Society
JENNIFER	SMETHURST	WILLIAMSBURG	VA	USA	PEACEABLE PRIMATE SANTUARY. DONATE TO SAVE THESE ANIMALS.	Peaceable Primate Sanctuary
MIGNABEL	RODRIGUEZ	WILLIAMSBURG	VA	USA	IF YOU DONT RUN, YOU RUST.""	Leukemia & Lymphoma Society
ANDREA	KELLEY	WOODBIDGE	VA	USA	DEDICATED TO CHERYL RYAN	American Lung Association
ALLEN	NAGRAMP	WOODBIDGE	VA	USA	RUNNING FOR MY MOM WHO HAS BEEN TAKEN BY PANCREATIC CANCER.	Pancreatic Cancer Action Network
CATHRYN	ALLEN	WOODBIDGE	VA	USA		

First Name	Last Name	City	State	Country	Message	Charity Name
LISA	PINASCO	WOODBIDGE	VA	USA	A NEW YEAR EQUALS A NEW ME.	Breast Cancer
ELIZABETH	JORDAN	WOODBIDGE	VA	USA	RUN!	March Of Dimes
ELENA	JAMISON	WOODBIDGE	VA	USA	I RUN BECAUSE MY DAD RAN!! GOD IS GOOD!	
ALLEN	NAGRAMP	WOODBIDGE	VA	USA	THIS RUN IS DEDICATED TO MY FRIEND CHERYL WHO DIED FROM LUNG CANCER.	American Lung Association
WILLIAM	HOWARD	WOODBIDGE	VA	USA	I WOULD RATHER PLAY WELL AND LOSE THAN PLAY POORLY AND WIN.	Usn & Usmc Retirement Home
LISA	PINASCO	WOODBIDGE	VA	USA	IF WE ALL DID THE THINGS WE ARE CAPABLE OF, WE WOULD ASTOUND OURSELVES.	American Breast Cancer Society
LISA	NELSON-BROWN	WOODBIDGE	VA	USA		
JUNE	HAVILAND	WOODBIDGE	VA	USA		
					MY TWO MILE RUN IS DEDICATED TO MY DAUGHTER, SOFIA, WHO TURNS TWO YEARS	
STEPHANIE	GOLDEN CARPENTER	YORKTOWN	VA	USA	OLD THE SAME DAY.	
TAMARA	WOODRUFF	YORKTOWN	VA	USA	FOR ALL WHO HAVE SERVED.	Honor Flight Historic Triangle Virginia
RACHELLE	WOODRUFF-KELSO	YORKTOWN	VA	USA	GENTLENESS CAN ONLY BE EXPECTED FROM THE STRONG.--LEO BUSCAGLIA	Honor Flight Historic Triangel Virginia
TIMOTHY	MOSS	YORKTOWN	VA	USA	DEDICATING THIS RUN TO MY COUSIN WHO'S SERVING IN AFGHANISTAN	Alzheimers Association
					MY HUSBAND, KRIS. IF YOU CARE ENOUGH FOR A RESULT, YOU WILL MOST CERTAINLY	
STACEY	ELLINGSEN	YORKTOWN	VA	USA	ATTAIN IT.	Wounded Warriors
TAMARA	WOODRUFF	YORKTOWN	VA	USA	WILL RUN FOR CHOCOLATE.	Honor Flight Historic Triangle Virginia
GINA	NIDASIO	YORKTOWN	VA	USA		
ERIC	WEISS	ALBURGH	VT	USA	LANCERS ROCK	Npcs
					IT'S NOT HOW THESE OFFICERS DIES THAT MADE THEM HEROES.. IT'S HOW THEY	National Law Enforcement Officers Memorial
KELLY	ROSS	BARRE	VT	USA	LIVED!	Fund
MELISSA	LINDHIEM	BARRE	VT	USA	I CAN DO ALL THINGS THROUGH HIM WHO STRENGTHENS ME.	Copcv
MARI	STEINBACH	BURLINGTON	VT	USA	RUNNING 8.0 MILES TODAY FOR DAD'S (WGB) 80TH BIRTHDAY!	
					RUN FOR CONGO WOMEN	
LAURIE	KUTNER	BURLINGTON	VT	USA	HTTP://WWW.ACTIVE.COM/DONATE/RUNFORCONGOWOMEN/W4WDONATE	Run For Congo Women
TRAVIS	MILLER	BURLINGTON	VT	USA	RUNNER'S HIGH	
LAURIE	KUTNER	BURLINGTON	VT	USA	SUPPORT RUN FOR CONGO WOMEN	
					IN CELEBRATION OF MY NEW ZEALAND ADVENTURES, AND MY NEW FRIENDSHIPS	
MARI	STEINBACH	BURLINGTON	VT	USA	THAT CONNECT US.	
KRYSTAL	WRINN	BURLINGTON	VT	USA	LIFE IS ABOUT CHOICES	
LAURIE	KUTNER	BURLINGTON	VT	USA		
BETH	GAZO	COLCHESTER	VT	USA	BANGLE TIGER STRENGTH!	Jdrf
MARTHA	BLOOM	COLCHESTER	VT	USA	RUN FOR GOOD HEALTH!	Juvenile Diabetes Research Foundation (Jdrf)
WILL	SKOLOCHENKO	COLCHESTER	VT	USA	HTTP://WWW.FACEBOOK.COM/EVENT.PHP?EID=167404486679813	Humane Society Of Chittenden County
					DO NOT GO WHERE THE PATH MAY LEAD, GO INSTEAD WHERE THERE IS NO PATH AND	
THERESA	WILKENS	CRAFTSBURY	VT	USA	LEAVE A TRAIL." RWE"	American Cancer Society
					THERE WILL COME A DAY WHEN I CAN NO LONGER DO THIS, BUT TODAY IS NOT THAT	
THERESA	WILKENS	CRAFTSBURY	VT	USA	DAY!	
THERESA	WILKENS	CRAFTSBURY	VT	USA	.	
HARVEY	LAVOY	E. CORINTH	VT	USA	NO MESSAGE REQUESTED THIS YEAR	Wellspring School, Inc.
KATHY	TOWN	EAST BARRE	VT	USA	RUNNING TO SHOW SUPPORT FOR VETERANS	Project Independence, Barre, Vt
CATHERINE	NICHOLS	EAST MIDDLEBURY	VT	USA	IF IT WERE EASY EVERYONE WOULD DO IT. -- ETHEL NICHOLS	United Way Of Middlebury
CATHERINE	NICHOLS	EAST MIDDLEBURY	VT	USA	MY MOTHER LIKED TO SAY,IF IT WERE EASY, EVERYONE WOULD DO IT!""	Middlebury Community Music Center
NICOLE	DECOTEAU	ESSEX JUNCTION	VT	USA	RUNNING IS A TIME OF PEACEFUL THOUGHT AND TRANQUILITY. ENJOY YOUR RUN!	

First Name	Last Name	City	State	Country	Message	Charity Name
ED	STONE	ESSEX JUNCTION	VT	USA		
LYNETTE	FARNHAM	FAIRFIELD	VT	USA	FOR THE FAMILIES OF TASK FORCE PHOENIX DEPLOYED SOLDIERS.	Mountain Readiness
MARY	HILL	GRAND ISLE	VT	USA	DEDICATED TO THE WILLIAMS SYNDROME ASSOCIATION	Williams Syndrome Association
					I DEDICATE THIS RUN TO MY BEST FRIEND MARY HILL. I WOULD NOT RUN RACES IF IT WEREN'T FOR HER.	
DANA	BLOW	GRAND ISLE	VT	USA		
DANA	BLOW	GRAND ISLE	VT	USA		
SHANNON	WALKER	GRAND ISLE	VT	USA		
SHANNON	WALKER	GRAND ISLE	VT	USA		
DANA	BLOW	GRAND ISLE	VT	USA		
CATHERINE	MOLLER	HINESBURG	VT	USA	NO MATTER OUR PACE WE ARE LAPPING EVERYONE ON THE COUCH.	American Cancer Society
JENNIFER	PORRIER	JERICO	VT	USA	DEDICATED TO MY DAD. I MISS YOU ALWAYS.	Laraway Youth And Family Services
MARY	WOOD	LINCOLN	VT	USA	YAY TEAM INSPIRATION!	Girls On The Run
LISA	MADEIRA	MANCHESTER CENTER	VT	USA	DEDICATE TO MY SON MATTHEW	Hands Of Hope
CHRISTINE	WILLIAMS	MIDDLEBURY	VT	USA	RUN LIKE THE WIND!	The Vermont Children'S Hospital
PHIL	WELLS	MIDDLESEX	VT	USA	PEACE	Laraway Family Services
JENNIFER	MITCHELL	MILTON	VT	USA	MAY THE STRONG ENDURE ALL THEIR AMBITIONS	
SKIP	LUCIA	MILTON	VT	USA	IN NUMBERS IS STRENGTH	
CHRIS	LAWRENCE	MILTON	VT	USA	.	.
STUART	RUSSO-SAVAGE	MONTPELIER	VT	USA	LITERACY FOR ALL PEOPLE	Kellog-Hubbard Library
TARA	MIRAKIAN	MORRISVILLE	VT	USA	I RUN BECAUSE I'M AN IMPATIENT WALKER.	
					WHAT A SPOOK-TACULAR WAY TO SPEND THE DAY - IT IS SCARY TO PUSH THE BODY TO ITS LIMIT AT TIMES.	
CHRIS	SHAFFER	NEWPORT	VT	USA	KEEP MOVING FORWARD!	
JENNIFER	WEST	NEWPORT CENTER	VT	USA		
ALICE	BOURGOIN	NORTH FERRISBURGH	VT	USA	I DEDICATE THIS RUN TOO MY FATHER, HARVEY BROOKS	United Way Of Chittenden County, Vermont
					THERE ARE MANY I KNOW BATTLING CANCER, I WOULD LIKE TO RUN IN HONOR AND SUPPORT OF ALL OF THEM.	
SUSAN	ZEINETH-COLLINS	RICHFORD	VT	USA	THIS RUN IS DEDICATED TO MY DAD WHO IS ALWAYS RUNNING WITH ME IN MY	The American Cancer Society
					HEART.	
MAKENZIE	MCMULLEN	RUTLAND TOWN	VT	USA	DEDICATED TO DAVE.	Rutland Humane Society
JEAN	MCMULLEN	RUTLAND TOWN	VT	USA	DEDICATED TO DAD.	
CASEY	MCMULLEN	RUTLAND TOWN	VT	USA	BECAUSE WE ARE ALL SISITERS!	Laurie'S House
JENNIFER	CALLAHAN	SAINT ALBANS	VT	USA	I'M DEDICATING MY RUN TO MY MOTHER A VICTIM OF COLON CANCER.	American Cancer Society
RYAN	POLLY	SHELBURNE	VT	USA	THANKS TO MY FAMILY FOR YOUR SUPPORT! MY AMAZING MIKE AND 3 WONDERFUL	
					KIDS, GWEN, AIDAN & LIAM.	St. Jude'S Kids
CHRISTINE	LYBARGER	SOUTH BURLINGTON	VT	USA	TO MY BROTHER, CHARLES MICHAEL CHATOT (1964-1985), FOR HELPING ME UP THE	
					HILLS.	American Red Cross
DEBRA	HAZEL	SOUTH BURLINGTON	VT	USA	HELP SUPPORT THE VICTIMS OF DOMESTIC VIOLENCE	Laurie'S House - Voices Against Violence
JENNIFER	CALLAHAN	ST. ALBANS	VT	USA	DEDICATED TO THE FRANKLIN COUNTY HUMANE SOCIETY OF VERMONT...ADOPT A	
					RUNNING PARTNER FOR LIFE!	Franklin County Humane Society
HELEN	LANTHIER	ST. ALBANS	VT	USA	BE YOURSELF-EVERYONE ELSE IS TAKEN!	Franklin County Humane Society
HELEN	LANTHIER	ST. ALBANS	VT	USA	SAMARITAN'S PURSE HELPING WITH LIFE-SAVING SERVICES AND THE SOUL-SAVING	
					MESSAGE OF JESUS CHRIST	Samaritan' Purse: Operation Christmas Child

First Name	Last Name	City	State	Country	Message	Charity Name
NICKY	PATTERSON	ST. ALBANS	VT	USA	RUNNING FOR CHILDREN AROUND THE WORLD ON WORLD RUN DAY.	Samaritan'S Purse, Operation Christmas Child
NICKY	PATTERSON	ST. ALBANS	VT	USA		Samaritan'S Purse
MINDY	PROPEN	STOWE	VT	USA	MOVING MEDITATION.	
CINDY	YAGER	UNDERHILL	VT	USA	HOORAY FOR WORLD RUN DAY!	Green Mountain Pug Rescue
CINDY	YAGER	UNDERHILL	VT	USA	RUN FOR FUN!	Green Mountain Pug Rescue
CINDY	YAGER	UNDERHILL	VT	USA	YAGERIFICS THANKSGIVUKKAH 2013!	Green Mountain Pug Rescue
CINDY	YAGER	UNDERHILL	VT	USA	I LOVE YOU, VICKY!	Green Mountain Pug Rescue
PHIL	WELLS	VERSHIRE	VT	USA	RUN TO LIVE LIVE TO RUN	Als
CHRISTINE	DEVAULT	WEST DOVER	VT	USA	TIME TO HIT THE ROAD AFTER RESTING A BACK INJURY...CAN'T WAIT.	Mvk Nyc
POLLY	WHITE	WHELOCK	VT	USA	JUST DO WHAT YOU DO BEST. RED AUERBACH	Live Strong Foundation
WILLIAM	JOSLER	WHITE RIVER JUNCTION	VT	USA	STILL RUNNING @ 70	The Upper Valley Haven
WILLIAM	JOSLER	WHITE RIVER JUNCTION	VT	USA	FOR THE HIGH OF A NEUTRAL MIND	
MARY	CLAIRMONT	WILLISTON	VT	USA	HEALTHY TODAY	Breast Cancer
ALISON	ARMSTRONG	WINOOSKI	VT	USA	HTTP://WWW.ACTIVE.COM/DONATE/RUNFORCONGOWOMEN/W4WDONATE	Run For Congo Women
ALISON	ARMSTRONG	WINOOSKI	VT	USA	SUPPORT RUN FOR CONGO WOMEN	
DEBBIE	TIRRITO	WINOOSKI	VT	USA	IN MEMORY OF SISTER LINDA	The Howard Center, Burlington Vermont
DEBBIE	TIRRITO	WINOOSKI	VT	USA	LINDA BRUNELLE	Howard Center
CC	LARNER	WINOOSKI	VT	USA	WSA!	Wsa
TRACY	RACICOT	WINOOSKI	VT	USA	FRUN IN VT	
CC	LARNER	WINOOSKI	VT	USA		
TOM	LAW	WINOOSKI	VT	USA		
MARSHA	BANCROFT	WORCESTER	VT	USA	RUNNING IS THE BEST WAY TO STAY FIT AND YOUNG!	Central Vermont Humane Society
ELIZABETH	MILES	ABERDEEN	WA	USA	ALL WE HAVE TO DECIDE IS WHAT TO DO WITH THE TIME THAT IS GIVEN TO US.	Coastal Harvest
LORA	BILLOW	ANACORTES	WA	USA	CHEERS TO ALL THE RUNNERS!	Bridge Christian Fellowship Youth Missions
JENNIFER	KRAUSE	ARLINGTON	WA	USA	GOING TO RUN A 5K BAREFOOT ON MY 38TH BIRTHDAY!!	Get Your Rear In Gear
WILLIAM	NELSON	ARLINGTON	WA	USA	FOR THOSE WHO WOULD LIKE TO, BUT CAN'T!	Animal Fund
SANDRA	KRAMER	AUBURN	WA	USA	DEDICATED TO THE DWIGHT CLARK MEMORIAL SKATE PARK FUND	
SANDRA	KRAMER	AUBURN	WA	USA	IT'S MY BIRTHDAY. I RUN BECAUSE I STILL CAN.	
ELIZABETH	AUBERT	AUBURN	WA	USA	SUIT UP AND SHOW UP, THAT'S ALL THAT MATTERS.	Operation Nightwatch
					I RUN FIRST FOR MYSELF AND SECONDLY FOR FAMILY. TO CONTINUE TO BE STRONG	
ANITA	CANONICA	AUBURN	WA	USA	AND HEALTHY!	Auburn Food Bank
SANDRA	SKUTT	AUBURN	WA	USA	MELISSA HARRIS--BEST TRAINING PARTNER EVER!	Federal Way Public Schools
					DO A LITTLE MORE EACH DAY THAN YOU THINK YOU POSSIBLY CAN." -LOWELL	
MEAGAN	MCGREW	BATTLE GROUND	WA	USA	THOMAS"	Humane Society For Sw Washington
MARK	MIGOTSKY	BELLEVUE	WA	USA	CARPE DIEM	Ms Society
NICHOL	OROZCO	BELLEVUE	WA	USA	:)	
JESS	WAKEFIELD	BOTHELL	WA	USA	FOR BIG GRANDMA	National Breast Cancer Foundation Inc
MARY JANE	LOHR	BOTHELL	WA	USA	RUN AND FEEL STRONG!	Hand In Hand
LAUREN	BRAUN	BOW	WA	USA	I DEDICATE THIS TO ALL WHO RUN. HAVE PATIENCE. PERSEVERE.	Whatcom Humane Society, Bellingham, Wa.
JEREMY	SMITH	BREMERTON	WA	USA	LOOKING FOR MORE BREMERTON RUNNERS.. EMAIL ME IF YOU ARE INTERESTED	Komen For The Cure
JENIFER	SMITH	BREMERTON	WA	USA	LOOKING FOR MORE BREMERTON RUNNERS	Komen For The Cure
MICHELLE	MIHAIL	BURIEN	WA	USA	FOR ALL THOSE, INCLUDING ME, NEW TO RUNNING!	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
DAVID	MIHAIL	BURIEN	WA	USA	FOR MY WIFE	
JOHN	VAN DEN BOSCH JR.	BURIEN	WA	USA	RUN BABY RUN	
NAOMI	BISHOP	BURIEN	WA	USA	RUNNIN FOR FUN	
MICHELLE	MIHAIL	BURIEN	WA	USA	GETTIN' BACK AT IT!	
DAVID	MIHAIL	BURIEN	WA	USA	GETTIN' BACK AT IT!	Not Sure
					† WHETHER IT S TEN MILES OR ONE, YOU WILL NEVER REGRET LACING UP THOSE	
NICKI	GARNETT	BURIEN	WA	USA	RUNNING SHOES AND GOING OUT!" LAKE BURIEN AREA"	National Ms Society
KATHY	GASCOIGNE	CAMANO ISLAND	WA	USA	FOR MY FRIEND, MICHELLE, YOUR FIRST 5K! SO PROUD OF YOU! :)	American Cancer Society
KATHY	GASCOIGNE	CAMANO ISLAND	WA	USA	FOR MY FRIEND, MICHELLE! YOUR FIRST 5K - SO HAPPY AND PROUD OF YOU! :)	American Cancer Society
KATHY	GASCOIGNE	CAMANO ISLAND	WA	USA	RUNNING IS NOT ONLY GOOD FOR YOUR BODY, IT'S GOOD FOR YOUR SOUL!	American Cancer Society
LYNN	BELLES	CAMANO ISLAND	WA	USA	DECIDE THAT YOU WANT IT MORE THAN YOU ARE AFRAID OF IT. ~BILL COSBY	
RYKER	BELLES	CAMANO ISLAND	WA	USA	IF YOU ARE CLOSE ENOUGH TO READ THIS, I WILL LICK YOU.	
CHERYL	WANDRO	CAMAS	WA	USA	RUNNING IN MEMORY OF MY FATHER	American Cancer Society
MARY	PATTON	CASTLE ROCK	WA	USA	I DEDICATED THIS RUN TO SAVE THE LIVES OF HOMELESS DOGS AND CATS!	Petsmart Charities
ANGELA	BISHOP	CHATTAROY	WA	USAAND WHEN I RUN, I FEEL HIS PLEASURE""	Compassion International
JULIE	DISTEL	CHATTAROY	WA	USA	BE THE CHANGE YOU WISH TO SEE IN THE WORLD	Washington United For Marriage
CANDACE	HUGHES	CHENEY	WA	USA	I DO TODAY WHAT YOU WON'T, SO TOMORROW I CAN DO WHAT YOU CAN'T""	A.S.P.C.A
					IT TOOK HER A WHILE TO FIGURE OUT SHE COULD RUN, BUT WHEN SHE DID, SHE	
SIERRA	DIXON	CHENEY	WA	USA	WAS LONG GONE	
NANCY	RICKETTS	CLINTON	WA	USA	I WISH I WAS AS COOL AS MY FRIEND MICHELA WHO IS SUPER FAST!!!!	
MEGAN	VINING	COLTON	WA	USA	I RUN FOR THOSE WHO CAN'T	Susan G Komen
SUSAN	LECAIRE	COLVILLE	WA	USA	WHAT DOESN'T KILL YOU MAKES YOU STRONGER.	Silver Crown Mountain Outdoor School
					WHEN THE WORLD SAYS, GIVE UP, HOPE WHISPERS, TRY IT ONE MORE TIME. -	
LEESA	EWEN	COLVILLE	WA	USA	AUTHOR UNKNOWN	Smoss
CATHY	SWART	COVINGTON	WA	USA	FOR ALL THE PEOPLE ON OUR BEAUTIFUL PLANET.	Team In Training
ERIC	CORP	DUPONT	WA	USA	BELIEVE IN YOURSELF, RUN HARD, ENJOY LIFE!	Fulcrum Foundation
NATALIE	VANCLEAVE	EDGEWOOD	WA	USA	WWW.SANDINMYLATTE.BLOGSPOT.COM	
KELLY	SCHWARTING	EDMONDS	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Coalition Against Breast Cancer
ALAN	KLEIN	ENUMCLAW	WA	USA	MY WIFE SHERRY...YOUR MY BEST FRIEND...LOVE YOU FOREVER	Allegro Women'S Ensemble
FAYE	BRITT	EVERETT	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Snohomish Education Foundation
FAYE	BRITT	EVERETT	WA	USA	NO MESSAGE REQUESTED	Alrington Eagle Booster Club
TERRI	GRAY	EVERETT	WA	USA	NO MESSAGE REQUESTED	Wwf
LARISSA	MARTIN RALPH	EVERETT	WA	USA	KEEP GOING!	Team Survivor Northwest World Run Day
						The Breast Cancer Research Foundation (Bcrf)
BRUCE	PERRINE	EVERETT	WA	USA	RUNNING FOR MY LIFE. JUST GET OUT AND DO IT.	
CASSANDRA	NOBLE	EVERETT	WA	USA	*	
JIM	CRUTCHFIELD	FAIRCHILD AFB	WA	USA	DEDICATING MY RUN TO MY MOM WHO HAS MULTIPLE MYELOMA.	Multiple Myeloma Research Foundation
					FOR MY WONDERFUL MOTHER, GRANDMOTHERS AND TO EVERYONE AROUND THE	
MICHELE	ELLIS	FEDERAL WAY	WA	USA	WORLD	Diabetes, Heart Disease
NICOLE	DRAKE	FEDERAL WAY	WA	USA	TO MY KIDS, SETTING A GOOD EXAMPLE FOR A HEALTHY AND HAPPY LIFE!	Federal Way Public Schools
WILLIAM	TOMLINSON	FEDERAL WAY	WA	USA	GO FOR IT!	Brooklake Community Church
KIM	HUTCHINSON	FEDERAL WAY	WA	USA	I RUN FOR MY MOM WHO IS FIGHTING CANCER.	Paws
STACEY	GARMANN	FERNDAL	WA	USA	DEDICATED TO WOMEN RUNNING EVERYWHERE	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
STACEY	GARMANN	FERNDALE	WA	USA	FUN FUN FUN	
STACEY	GARMANN	FERNDALE	WA	USA	WOO HOO!!!	Local Pet Shelter
STACEY	GARMANN	FERNDALE	WA	USA	WOO HOO!!!	Make A Wish
STACEY	GARMANN	FERNDALE	WA	USA	HAPPY MOTHER'S DAY!!!	
STACEY	GARMANN	FERNDALE	WA	USA		Colon Cancer Coalition
KURT	SCHIEFERDECKER	FIFE	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Humane Society Of Tacoma-Pierce County
LINDSAY	ASHLEY	FIFE	WA	USA	JUST BECAME A RUNNER IN 2012!	
MELISSA	HARRIS	FIFE	WA	USA	BE HAPPY, BUT NEVER SATISFIED - BRUCE LEE	
ANDREA	HILL	FIRCREST	WA	USA	PAIN IS TEMPORARY	
					FOR MY HUSBAND CURRENTLY SERVING IN AFGHANISTAN. 1 MILE PER MONTH AWAY.	
LESLIE	SORENSEN	FORT LEWIS	WA	USA	PROUD OF MY MAN IN CAMO!	Wounded Warrior Project
MICHELA	MATTENS	FREELAND	WA	USA	MUD AND CHOCOLATE!!!!	
MICHELA	MATTENS	FREELAND	WA	USA	I GOT THE WINNERS EDGE NANCE!!!	
NANCY	RICKETTS	FREELAND	WA	USA	MICHELA RUNS FAST!!! ;-)	
NATALIE	WHEELER	FREELAND	WA	USA	I LOVE MY FRIENDS NANCY AND MICHELA!! AND IM NICE NATALIE :-)	
ROBERT	FORTUNE	GRANDVIEW	WA	USA	ALL THE WAY!	
DIANE	FORTUNE	GRANDVIEW	WA	USA	NEVER STOP MOVING!	
JEFF	LASEUR	GREENACRES	WA	USA	WWW.OLIVECREST.ORG/	Olive Crest
JENNIFER	DERUWE	GREENACRES	WA	USA	1.1	
MICHELLE	PRICE	HARPERS FERRY	WA	USA	NOTHING LEFT TO DO BUT SMILE... THIS ONE IS FOR GRANDPA MEL	Kidney Cancer Association
LISA	HILL	KELSO	WA	USA	I'M ONE OF THE NAUGHTY GIRLS!	
					DEDICATING MY FATHER'S DAY RUN TO MY DAD-PAUL,MY HUBBY KENT&MY FATHER-IN-	
SHARON	HAUSSMANN	KELSO	WA	USA	LAW KENNY- BEST DADS EVER	Relay For Life
JEFFREY	YEN	KENMORE	WA	USA	JY2 - JUST YOU AND ME	Feed The Children
JEFFREY	YEN	KENMORE	WA	USA	KEEP ON RUNNING!	
JEFFREY	YEN	KENMORE	WA	USA	RUN!!!!	
					RUNNING IS LIKE MOUTHWASH. IF YOU CAN FEEL THE BURN, IT'S WORKING" - BRIAN	
PAMELA	WILSON	KENMORE	WA	USA	TACKETT"	
NATALIE	ENGLAND-RUIZ	KENNEWICK	WA	USA	I LOVE YOU ZACH, ZANE, AND EDGAR.	I Don'T Know Yet.
PEGGY	STEWART	KENNEWICK	WA	USA	WHAT?!	Dont Know
PATRICIA	RODRIGUEZ	KENT	WA	USA	JUST RUN. THERE'S ALWAYS SOMEWHERE TO GO.	
PATRICIA	RODRIGUEZ	KENT	WA	USA	HTTP://ONTHEROADTOANOTHERHALF.BLOGSPOT.COM/ I DO NOT RUN TO ADD DAYS TO MY LIFE - I RUN TO ADD LIFE TO MY DAYS." DR.	American Diabetes Association
KATHERINE	BLAIR	KENT	WA	USA	RONALD ROOK"	
CATHY	SWART	KENT	WA	USA	FOR ALL ON THIS BEAUTIFUL PLANET	Tnt
CHRIS	SHOCKLEY	KENT	WA	USA		
SHELBI	HENDERSON	KETTLE FALLS	WA	USA	!	!
VAL	MCKERN	KETTLE FALLS	WA	USA	CASEY MCKERN'S PAY IT FORWARD CHARITY	Casey Mckern'S Pay It Forward
SHELBI	HENDERSON	KETTLE FALLS	WA	USA		
VAL	MCKERN	KETTLE FALLS	WA	USA		Casey Mckern'S Pay It Forward
KAYLYN	FILLMORE	KIRKLAND	WA	USA	NO MESSAGE REQUESTED	Doctors Without Borders
KYSA	JOHNSON	KIRKLAND	WA	USA	I RUN FREE!!	Phoenix Rising Sanctuary
GARY	JOHNSON	KIRKLAND	WA	USA	SLOW AND STEADY WINS THE RACE... OR AT LEAST FINISHES!	Wilderness Awareness School

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
NICOLE	BARNARD	KIRKLAND	WA	USA	ONLY THOSE WHO WILL RISK GOING TOO FAR CAN POSSIBLY FIND OUT HOW FAR ONE	
REGINA	THURLOW	KIRKLAND	WA	USA	CAN GO. T.S. ELIOT	
KYLAH	DOLEN	KIRKLAND	WA	USA	MY FIRST OF MANY WORLD RUN DAYS!!	
SHANNON MAYE	MAYE	LACEY	WA	USA	I'M EXCITED TO PARTICIPATE IN A RUN WITH THE WHOLE WORLD!	American Heart Association
HIEU	NGUYEN	LAKE FOREST PARK	WA	USA	IF QUIT IS IN YOUR VOCABULARY THAN FINISH IS LIKELY NOT.""	Team Fox
DIANE	HOOD	LAKE STEVENS	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Alzheimer'S Association
KELLI	THOMAS	LAKE STEVENS	WA	USA	FOR ME, RACES ARE A CELEBRATION OF ALL MY HARD TRAINING	Boys And Girls Clubs
MARIAISABEL	PERIABRAS	LAKEWOOD	WA	USA	DON'T ASK ME WHY I RUN. ASK YOURSELF WHY YOU DON'T.	
JEN	YEATMAN	LAKEWOOD	WA	USA	I AM DOING THIS FOR MYSELF!	
JEN	YEATMAN	LAKEWOOD	WA	USA	RUNNING FOR HOPE, RUNNING FOR A CURE!	American Cancer Society
					STARTING THE NEW YEAR IN THE RIGHT SHOES!	American Cancer Society
					I DEDICATE THIS RUN TO MY SON KODY WHO WAS JUST DIAGNOSED TYPE 1	
CARLA	VAUGHN	LIBERTY LAKE	WA	USA	DIABETIC.	Jdrf
JESSICA	VAN SON	LONGVIEW	WA	USA	FAILURE IS NOT AN OPTION!" I AM DOING THIS IN HONOR OF MY PARENTS."	
JESSICA	VAN SON	LONGVIEW	WA	USA	THANKFUL TO BE ABLE TO WALK/RUN. DEDICATED TO THOSE WHO CAN'T.	Local Schools
RACHEAL	TRAMMELL	LYMAN	WA	USA	ENJOY EACH DAY WITH A LITTLE LAUGHTER AND A SMILE!	Susan G. Koman
LAURI	RUSK	LYNDEN	WA	USA	BELIEVE IN YOURSELF, TRUST THE PROCESS, CHANGE FOREVER!!	World Vision
HANNAH	RUSK	LYNDEN	WA	USA	GIRL POWER!!	World Vision
					RUN FOREST RUN!!!! LOVE YA SISTER DANA AND ALL THOSE YOU HAVE BY YOUR SIDE	
CATHY	LEISHMAN	LYNNWOOD	WA	USA	TODAY!	
NATALIE	VANCLEAVE	LYNNWOOD	WA	USA	RUN HAPPY, EVERYONE!	
FAYE	DOLL	LYNNWOOD	WA	USA	JUST RUNNING TO PROMOTE A HEALTHY LIFESTYLE!	
					EVERY CHILD DESERVES A FAMILY. I'M RUNNING FOR FOSTER CHILDREN	
TONYA	WALL	MARYSVILLE	WA	USA	WORLDWIDE!	Foster Children
DEBBIE	MIETHE	MEAD	WA	USA	ISAIAH 41:31	Oms
DEBBIE	MIETHE	MEAD	WA	USA	ISAIAH 41:31	Oms
MICHELE	MADSEN	MEAD	WA	USA	1.1	
SUSAN	STRECKENBACH	MERCER ISLAND	WA	USA	FOR HANNELORE, KAIA, SOREN AND FREYA!	Http://Www.Girlsontherun.Org/
					LIFE IS NOT MEASURED BY THE NUMBER OF BREATHS WE TAKE, BUT BY THE	
DIANE	POWERS	MILL CREEK	WA	USA	MOMENTS THAT TAKE OUR BREATH AWAY	Humane Society
MICHAEL	FABIAN	MOSES LAKE	WA	USA	RUN WITH HEART AND SOUL	
MICHAEL	FABIAN	MOSES LAKE	WA	USA	RUN WITH HEART AND SOUL SCOTT JUREK	
MICHAEL	FABIAN	MOSES LAKE	WA	USA	LEROY	Nawara
MICHAEL	FABIAN	MOSES LAKE	WA	USA	HOTAHEY	
MICHAEL	FABIAN	MOSES LAKE	WA	USA	GOTTA RUN IF YOUR NOT RUNNIN YOUR BUMMIN	
MICHAEL	FABIAN	MOSES LAKE	WA	USA		
BALISA	WEBER	MOUNT VERNON	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Children'S Hospital
					I DEDICATE THIS RUN TO MY MOTHER WHO LOST HER BATTLE TO OVARIAN CANCER. I	
MELISSA	VERMEIRE	NEWCASTLE	WA	USA	LOVE YOU MOM!!	3 Day
NANCY	LOIZEAUX	NEWCASTLE	WA	USA	NOTHING GREAT IS EVER ACHIEVED WITHOUT ENTHUSIASM. EMERSON	Habitat For Humanity
EMILY	MITCHELL	NEWPORT	WA	USA	RUNNING IS L.O.V.E!	Newport Head Start Program
					ALWAYS BE A GOOD SPORT, BE A GOOD SPORT ALL WAYS." BOB ROBERTSON VOICE	
ROBBY	MOORE	NORTH BEND	WA	USA	OF THE WSU COUGARS"	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
ROBBY	MOORE	NORTH BEND	WA	USA	MY RUNNING PARTNER HAS FOUR LEGS.	
ANITA	MILLER	NORTHPORT	WA	USA	DEDICATE THE RUN TO ALL MY FRIENDS THAT SUPPORT ME AND MY RUNNING THE WILL TO WIN MEANS NOTHING WITHOUT THE WILL TO PREPARE."-JUMA IKANGAA, 1989 NYC MARATHON WINNER"	Smos
JENNY	CASE	NORTHPORT	WA	USA	YOU ONLY EVER GROW AS A HUMAN BEING IF YOU RE OUTSIDE YOUR COMFORT ZONE. -PERCY CERUTTY	Smos
JENNY	CASE	NORTHPORT	WA	USA	I RUN FOR ALL THOSE WHO CANT..	Please Donate To A Childrens Fund
ANITA	MILLER	NORTHPORT	WA	USA	BELIEVE YOU CAN AND YOU'RE HALFWAY THERE. THEODORE ROOSEVELT	Smos
JENNY	CASE	NORTHPORT	WA	USA	THE FIRST STEP IS ALWAYS THE HARDEST!	Smos
JENNY	CASE	NORTHPORT	WA	USA	DEDICATED TO: GREGORY STEPHEN CRANDALL, MISSING IN ACTION, LAOS, 2/18/71	
DARCY	ZOOK	OAK HARBOR	WA	USA	LET US NOT FORGET...	Susan G. Komen
URSULA	DAVIS	OLYMPIA	WA	USA	FOR THE WOLVES.	Wolf Haven International
					I CONTEND THAT WE ARE BOTH ATHEISTS. I JUST BELIEVE IN ONE FEWER GOD THAN YOU DO.	
NEIL	MOODY	OLYMPIA	WA	USA	I AM RUNNING FOR THE WOLVES OF WOLF HAVEN INTERNATIONAL IN TENINO, WA.	Wolf Haven International
URSULA	DAVIS	OLYMPIA	WA	USA	REMEMBERING EDP	Susan G. Komen
ROBERT	NEUHARTH	OLYMPIA	WA	USA	HAPPY DAY WITH FRIENDS!!!	
NANCY	RICKETTS	OMAHA	WA	USA	RUNNING IS FREEDOM!	
ANDREA	PORTER	OTIS ORCHARDS	WA	USA	THE MIRACLE ISN'T THAT I FINISHED. THE MIRACLE IS THAT I HAD THE COURAGE TO START." -JOHN BINGHAM"	Jdrf
ANDREA	PORTER	OTIS ORCHARDS	WA	USA	RUN LIKE IT'S YOUR LAST RUN.	Shriners Hospital For Children
CONNIE	KROUS	OTIS ORCHARDS	WA	USA		Shriners Hospital For Children Spokane
RANDY	BUSTAMANTE	OTIS ORCHARDS	WA	USA	DANCE LIKE IT'S YOUR LAST DANCE.	Washington
JORDAN	BUSTAMATNE	OTIS ORCHARDS	WA	USA	WALK LIKE IT'S YOUR LAST WALK.	Shriners Hospital For Children Spokane Wa
DAVID	TUCKER	PACIFIC	WA	USA	RUNNING FOR MY HEALTH AND TO CELEBRATE 100LBS LOST.	Union Gospel Missions
V	BROWN	PASADENA	WA	USA	RUN ONE WORLD!	Humane Society
XAVYR	ANDERSON	PASCO	WA	USA		
DANIELLE	MORROW	PASCO	WA	USA	I RUN TO DETOX MY BODY AND MY MIND TO ALL THOSE WHO HAVE BEEN AFFECTED BY CANCER IN SOME WAY. FIGHTING, LOSING OR CARING!	American Cancer Society
JACKIE	PRICE	PORT ANGELES	WA	USA	WHEN YOU DON'T GO THE DISTANCE, YOU ONLY CHEAT YOURSELF.	Crisis Pregnancy Center
SHELLEY	BELILLE	PORT ORCHARD	WA	USA	IF YOU RUN, YOU ARE A RUNNER.	Boys And Girls Club
NICOLE	REED	PORT ORCHARD	WA	USA	JUST PUT ONE FOOT IN FRONT OF THE OTHER	
NICOLE	REED	PORT ORCHARD	WA	USA	WE NEVER KNOW WHICH LIVES WE INFLUENCE OR WHEN, OR WHY	United Good Neighbors
LAURINDA	LONG	PROSSER	WA	USA	I DEDICATE THIS RUN TO MY DAUGHTER, MYA. SHE IS THE ONE THAT GOT ME BACK INTO RUNNING.	
ALEJANDRA	HEREDIA	PULLMAN	WA	USA	LIFE IS EITHER A DARING ADVENTURE OR NOTHING" -HELLEN KELLER"	
ALISSA	GILDEMANN	PULLMAN	WA	USA	DEDICATE THIS RUN TO MY EX TO SHOW HIM WHAT HE HAS LOST!!	
ALEJANDRA	HEREDIA	PULLMAN	WA	USA	HERE'S TO MY 8TH RACE THIS YEAR & TO MY DAD, WHO WILL BE WITH ME IN MY HEART ALL THE WAY!!	Ronald Mcdonald House-Spokane, Wa
ELIZABETH	GRAY	PULLMAN	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Breast Cancer Society
KELLY	WOYAK	PUYALLUP	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Cma
MIKE	DAVIS	PUYALLUP	WA	USA	NO MESSAGE REQUESTED THIS YEAR	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
CHRISTINE	ADAMS	PUYALLUP	WA	USA	FACEBOOK.COM/CHRISTINE.GIRTZADAMS	
TRACY	CLARK	PUYALLUP	WA	USA	YOU ARE NEVER TOO OLD TO SET ANOTHER GOAL OR TO DREAM A NEW DREAM.	
KAREN	OYAMA	PUYALLUP	WA	USA	I DEDICATE THIS RUN TO MY 10 YEAR OLD SON, WHO LOVES TO RACE WITH ME!	
LOGAN	OYAMA	PUYALLUP	WA	USA	CHAMPIONS ARE MADE FROM DESIRE, DETERMINATION AND HARD WORK.	
CHERYL	STRATEMEYER	REDMOND	WA	USA	A HEALTHY PERSON IS A HAPPY PERSON.	Team Survivor Northwest
LEAH	TANSY	REDMOND	WA	USA	THE MIRACLE ISN'T THAT I FINISHED. THE MIRACLE IS THAT I HAD THE COURAGE TO START." -JOHN BINGHAM"	Komen
RONA	DRAPER	REDMOND	WA	USA	NEVER LET THE BODY TELL THE MIND WHAT TO DO. THE BODY IS NEVER TIRED IF THE MIND IS NOT TIRED.""	The Humane Society For Seattle/King County.
THERESE	CHAMBERS	RENTON	WA	USA	DO ONE THING EVERY DAY THAT SCARES YOU... ELEANOR ROOSEVELT	Team Survivor Nw
DAVID	CHAMBERS	RENTON	WA	USA	IF YOU'RE NOT LIVING ON THE EDGE, YOU'RE TAKING UP TOO MUCH SPACE... FLO KENNEDY	Team Survivor Nw
BELINDA	MORGER	RENTON	WA	USA	TO MOM AND GRAM	3 Day Walk For Breast Cancer
JULES	MANN	RENTON	WA	USA	ST. JUDE CHILDRENS SAVED MY BABY NIECE'S LIFE! RUN FOR ST. JUDE!	St. Jude Childrens Research Hospital
JULES	MANN	RENTON	WA	USA	LIFE IS SHORT... RUNNING MAKES IT SEEM LONGER.	St. Jude Children'S Research Hospital
REBECCA	PARKER	RICHLAND	WA	USA	I DEDICATE WORLD RUN DAY TO MY FAMILY!	
LAURENTIU	MARINOVICI	RICHLAND	WA	USA	I RUN FOR LIFE! TO MY FAMILY AND FRIENDS.	
CRISTINA	MARINOVICI	RICHLAND	WA	USA	I RUN FOR LIFE! TO MY FAMILY AND FRIENDS.	
ERIN	MARK	RICHLAND	WA	USA		
CONNIE	GALBREATH	RITZVILLE	WA	USA	I DEDICATE TO LANCE GROOM WHO WILL COMPETE IN THE SCOTT FIREFIGHTER STAIR CLIMB 03/06/11. LUV U.	Leukemis/Lymphoma Society
BRENDA	HENKE	SAMMAMISH	WA	USA	RUNNING FOR MY DAUGHTER ALEXIS HINKLEY	Breast Cancer
EMMA	GARSIDE	SAMMAMISH	WA	USA	LOOKING FORWARD TO ANOTHER AWESOME HALF MARATHON WITH SUE STEVENS!	
SUSAN	STEVENS	SAMMAMISH	WA	USA	FOR DAVE AND JACOB. WITH THANKS TO ALYSSA, WHO GOT ME STARTED WITH HALF MARATHONS.	World Vision
JANE	PERARA	SAMMAMISH	WA	USA	NOW FAITH IS BEING SURE OF WHAT WE HOPE FOR AND CERTAIN OF WHAT WE DO NOT SEE.	World Vision
JOHN	PERARA	SAMMAMISH	WA	USA	NOW FAITH IS BEING SURE OF WHAT WE HOPE FOR AND CERTAIN OF WHAT WE DO NOT SEE.	World Vision
BRENDA	OYER	SEATAC	WA	USA	GROW STRONG FROM THE CHALLENGES OF THIS DAY!	Diabetes Association
BART	KLINGLER	SEATTLE	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Umcor (United Methodist Committee On Relief Stony Brook Foundation, Madagascar
JENNIFER	PHILLIPS	SEATTLE	WA	USA	NO MESSAGE REQUESTED	Ank∞Zy Fund
SUSAN	MCINTOSH	SEATTLE	WA	USA	NO MESSAGE REQUESTED	United Way
OLWEN	BODE	SEATTLE	WA	USA	FRIENDS DIAGNOSED IN THE LAST YEAR. JOAN LINDA AMY,MYSELF SEATTLE BRENDA AUSTRALIA, CAROLYN CANADA	Team Survivor Northwest.
SARAH	ENGLUND	SEATTLE	WA	USA	...ONE OF THESE DAYS I'M GOING TO DIE TRYING.....	City Of Hope
EMILY	HATCH	SEATTLE	WA	USA	I AM RUNNING IN MEMORY OF MY GRANDFATHERS.	Pancreatica Cancer Society
JUDY	LEEDE	SEATTLE	WA	USA	RN LIKE THE WIND	Team Survivor Northwest
ERICH	MAHR	SEATTLE	WA	USA	FOR EVERYBODY	
WOODY	PANG	SEATTLE	WA	USA	FROM SEATTLE, LET'S RUN FOR THE WORLD. SEATTLERUN.NING.COM	United Way
MICHELLE	SAWYER	SEATTLE	WA	USA	SEE YOU THERE!	Bahia Street

First Name	Last Name	City	State	Country	Message	Charity Name
ALICIA	SUPERNAVAGE	SEATTLE	WA	USA	WWW.TEAMSURVIVORNW.ORG WE PROVIDE FREE FITNESS PROGRAMS TO FEMALE	Team Survivor Northwest
TRACY	TUSSING	SEATTLE	WA	USA	CANCER SURVIVORS.	White Center Food Bank
ALLEN	WELSCH	SEATTLE	WA	USA	SPONSORED BY CELEBRATE RECOVERY OF GRACECHURCHSEATTLE.ORG	Rising Out Of The Shadows - Roots
SUZANNE	WINTER	SEATTLE	WA	USA	HTTP://THEDB.COM/SEATTLEDIGITAL	Rising Out Of The Shadows - Roots
CHERYL	SMITH	SEATTLE	WA	USA	YOUR TALENT IS GOD'S GIFT TO YOU. WHAT YOU DO WITH IT IS YOUR GIFT BACK TO GOD. - LEO BUSCAGLIA	Autism Speaks
JULIE	MURPHY	SEATTLE	WA	USA	NEURONS THAT FIRE TOGETHER WIRE TOGETHER	Susan G Komen Breast Cancer Foundation
SUZANNE	WINTER	SEATTLE	WA	USA	FOR BREAST CANCER SURVIVORS; YOUR STRENGTH, GRACE, COURAGE AND BEAUTY NEVER CEASES TO AMAZE ME.	Rising Out Of The Shadows - Roots
ALLEN	WELSCH	SEATTLE	WA	USA	IF YOU CAN DREAM IT, YOU CAN DO IT.	
ZAC	CYR	SEATTLE	WA	USA	JUST RUN.	
KELLEY	WINTER-WELSCH	SEATTLE	WA	USA	HTTP://WWW.LLSWA.ORG/SITE/TR/EVENTS/WINTERPINEAPPLECLASSIC?PG=TEAM&FR_ID=1080&TEAM_ID=16750	Winter Pineapple Classic
RUTH	LOCKWOOD	SEATTLE	WA	USA	_ID=1080&TEAM_ID=16750	
SCOTT	CROWE	SEATTLE	WA	USA	A GOAL WITHOUT A PLAN IS JUST A DREAM.	Willie Mae Rock Camp For Girls
WOODY	PANG	SEATTLE	WA	USA	WWW.WILLIEMAEROCKCAMP.ORG	Gospil Mission
PRESTON	POYTHRESS	SEATTLE	WA	USA	EVERY GOAL STARTS WITH A SINGLE STEP	
CAROLYN	CASTER	SEATTLE	WA	USA	WWW.MY-PANG.NET	People For Puget Sound
DONNA	ZELLER	SEATTLE	WA	USA	PUGETSOUND.ORG	
WOODY	PANG	SEATTLE	WA	USA	HTTP://WWW.COOLRUNNING.COM/ENGINE/2/2_3/181.SHTML	
COURTNEY	STEED	SEATTLE	WA	USA	GOOD LUCK EVERYONE!	United Way
DONNA	ZELLER	SEATTLE	WA	USA	WWW.RUNNING-IN-SEATTLE.INFO	
BETH	STROSKY	SEATTLE	WA	USA	GET UP, AND LIVE!	
MARK	MCDERMOTT	SEATTLE	WA	USA	GOOD TO DREAM EVEN IF ALL YOUR DREAMS DON'T COME TRUE.	Team World Vision Worldvision.Org
CAROLYN	CASTER	SEATTLE	WA	USA	WHAT GOOD IS IT, MY BROTHERS, IF SOMEONE SAYS HE HAS FAITH BUT DOES NOT HAVE WORKS?" JAMES 2:14"	
MARA	FUNK	SEATTLE	WA	USA	HA'WAY THE LADS.	Human Rights Campaign
SONIA	CHAN	SEATTLE	WA	USA	EQUALITY: NOTHING MORE NOTHING LESS	
WOODY	PANG	SEATTLE	WA	USA	DON'T LET WORN-OUT BELIEFS STOP YOU FROM MOVING BEYOND YOURSELF."-JOHN BINGHAM"	American Diabetes Association
CHRISTINE	HENDERSON	SEATTLE	WA	USA	YOU'LL NEVER REGRET GOING FOR A RUN, BUT YOU WILL REGRET NOT GOING." NOT SURE"	No
MYLA	SALANGA	SEATTLE	WA	USA	TIME TO RUN	
KRISTEN	PAMINTUAN	SEATTLE	WA	USA	FOR MY SISTER BETH, WHO INSPIRES ME TO BE BETTER EACH DAY!	Operation Nighwatch
CHRISTY	QUALIN	SEATTLE	WA	USA	LIFE IS SHORT SO DON'T HOLD BACK...AND JUST KEEP ON RUNNING. ;-)	Ronald Mcdonald House
SARA	QUALIN	SEATTLE	WA	USA	RUNNING IS THE GREATEST METAPHOR FOR LIFE BECAUSE YOU GET OUT OF IT WHAT YOU PUT INTO IT.	Outdoors For All Foundation
WILLIE	NEWELL	SEATTLE	WA	USA	THANKS VETERANS AND FAMILIES!	American Red Cross
WOODY	PANG	SEATTLE	WA	USA	DO OR DO NOT-- THERE IS NO TRY.	American Red Cross Disaster Relief
KRISTI	JOHNSON	SEDRO-WOOLLEY	WA	USA	MY 1ST OFFICIAL RACE	Newell Advocacy Group
MAVIS	DONOGHUE	SEKIU	WA	USA	I RUN FOR MY HEALTH.	Children International
					PINK FOR MUM	Team Lynn, 3 Day Walk For Breast Cancer

First Name	Last Name	City	State	Country	Message	Charity Name
JACK	O'DELL	SELAH	WA	USA	FOR MY MOTHER CATHERINE M. O'DELL	Easter Seals
EDWARD	BURRIS	SHELTON	WA	USA	WHAT YOU THINK IS WHO YOU BECOME!	Feline Friends, Steamboat Island, Wa
VERONICA	FRANADA	SHORELINE	WA	USA	KEEP RUNNING	
STACEY	MCCUTCHAN	SNOHOMISH	WA	USA	EVERY PASSION HAS ITS DESTINY""	Housing Hope
BECKIE	FREED	SNOHOMSIH	WA	USA	TIME DOESN'T MATTER....IT'S THE EXPERIENCE THAT DOES!	American Cancer Society
					TO THE PEOPLE WHO ARE STRUGGLING AND THE ONES WHO ARE IN NEED ALL YOU	
SAMANTHA	ROSAS	SNOQUALMIE	WA	USA	NEED IS LOVE""	St. Jude
JOSE	ROSAS	SNOQUALMIE WA	WA	USA	POR LOS QUE ESTAMOS Y POR LOS QUE SE FUERON	Red Cross
SHARMEN	SLEMP	SPANGLE	WA	USA	1.1	
MELISSA	MURPHY	SPOKANE	WA	USA	NO MESSAGE REQUESTED THIS YEAR	St. Anne'S Children Home
SHARON	TAYLOR	SPOKANE	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Union Gospel Mission
DIANE	ROBERTSON	SPOKANE	WA	USA	XXX	American Cancer Society
SHARON	TAYLOR	SPOKANE	WA	USA	GOOD LUCK!	
					THROW OFF EVERYTHING THAT HINDERS US...AND LET US RUN WITH PERSEVERANCE	
LORIN	TOWNSEND	SPOKANE	WA	USA	THE RACE MARKED OUT FOR US.	Starlight Children'S Foundation
JOE	WITTSTOCK	SPOKANE	WA	USA	DEDICATED TO ALL THOSE WHO CANNOT RUN	Spokane Aids Network
KATE	AL-HAFIAN	SPOKANE	WA	USA	IN MEMORY OF UNCLE DALE	Ducks Unlimited
MALIK	AL-HAFIAN	SPOKANE	WA	USA	DEDICATED TO UNCLE DALE	Ducks Unlimited
					IT'S THE MAGIC OF RISKING EVERYTHING FOR A DREAM THAT NOBODY SEES BUT	
GRETA	OLSON	SPOKANE	WA	USA	YOU.	Spokane Inner City Outings
BILL	TIERNEY	SPOKANE	WA	USA	DEDICATED TO MOM WHO PASSED THIS YEAR.	Spokane Guild School
JENN	HAAS	SPOKANE	WA	USA	JUST KEEP RUNNING, JUST KEEP RUNNING!	
VICTORIA	STANTON	SPOKANE	WA	USA	FOR THE HEALTH OF IT.	Shriners Hospital
MARK	STANTON	SPOKANE	WA	USA	FOR MY WIFE.	Shriners Hospital
KATHRYN	WRAZIDLO	SPOKANE	WA	USA	MY RUN IS DEDICATED TO MY PARENTS VIOLA AND DARRELL VALINE.	American Cancer Society
WENDY	DAVIS	SPOKANE	WA	USA	IF IT HURTS, RUN FASTER. IT WON'T STOP HURTING, BUT YOU'LL BE DONE SOONER.	
TROY	SLOAN	SPOKANE VALLEY	WA	USA	.	Spokane Valley Special Olympics
TROY	SLOAN	SPOKANE VALLEY	WA	USA	ON! ON!	World Relief-Spokane
ARTY	BARTLETT	SPOKANE VALLEY	WA	USA	THE RACE IS NOT ALWAYS TO THE SWIFT BUT TO THOSE WHO KEEP ON RUNNING	
ARTY	BARTLETT	SPOKANE VALLEY	WA	USA	PERSEVERANCE: THE RACE IS NOT ALWAYS TO THE SWIFT, BUT TO THOSE WHO KEEP ON RUNNING!	
ARTY	BARTLETT	SPOKANE VALLEY	WA	USA	PERSEVERANCE: THE RACE IS NOT ALWAYS TO THE SWIFT, BUT TO THOSE WHO KEEP ON RUNNING!	
STEVE	BARTLETT	SPOKANE VALLEY	WA	USA	ON RUNNING!	
KENNETH	MORRELL	SULTAN	WA	USA	NO MESSAGE REQUESTED THIS YEAR	American Cancer Society
DANETTE	ROCHA	SUNNYSIDE	WA	USA	TRUE JOY IS FOUND IN THE SIMPLE PLEASURES GOD GIVES US EVERY DAY.	Family Options
MARK	PAYNE	TACOMA	WA	USA	NO MESSAGE REQUESTED THIS YEAR	None
						The Humane Society Of Tacoma & Pierce
PHYLLIS	WELKER	TACOMA	WA	USA	I DEDICATE THIS RUN TO MY HUSBAND WHO IS ALWAYS ENCOURAGING ME.	County
MELINA	PAESLER	TACOMA	WA	USA	I DEDICATE THIS RUN TO ALL DOMESTIC VIOLENCE SURVIVORS.	Ywca
					I DEDICATE MY RUN TO MY HUSBAND, AN ULTRARUNNER, WHO INSPIRES ME EVERY	
PHYLLIS	WELKER	TACOMA	WA	USA	DAY.	Tacoma Pierce County Humane Society
MARIA	RIDENOUR	TACOMA	WA	USA	I RUN SO I CAN INDULGE MY PALETTE.	Mother Teresa Orphanage/Africa
ALICE	RAMOS	TACOMA	WA	USA	BRING IT ON! SO EXCITED TO BE DOING THIS WITH MY BEST FRIEND!	Leukemia Lymphoma Society

First Name	Last Name	City	State	Country	Message	Charity Name
MICHELLE	BECKHAM	TACOMA	WA	USA	THIS RUN IS DEDICATED TO MY FAMILY IN IRELAND. AFTER 38 LONG YEARS THERE IS NOW PEACE.	Relay For Life
CYNTHIA	CLARK	TACOMA	WA	USA	DON'T THINK OF THE RAIN AS JUST WATER-THINK OF IT AS HOLY WATER.	American Cancer Society-Leukemia
KIM	WASIERSKI	TACOMA	WA	USA	RUNNING FOR THOSE WHO WANT TO, BUT CAN'T.	American Cancer Society
KELLY	CORY	TACOMA	WA	USA	RUN FOREST RUN!	Girl Scouts Of Western Washington
KEITH	COLLINGWOOD	TUKWILA	WA	USA	NO MESSAGE REQUESTED THIS YEAR	Lamberrt House, Seattle, Wa
MICHELLE	MORALES	TULALIP	WA	USA	MY FIRST 5K SINCE BEING DIAGNOSED WITH MS!	
COURTNEY	TAYLOR	UNIVERSITY PLACE	WA	USA	DEDICATED TO MY DAD	
PIPER	COX	VANCOUVER	WA	USA	NO MESSAGE REQUESTED THIS YEAR	F.I.S.H. Of Orchards
MONICA	PHILLIPPI	VANCOUVER	WA	USA	IN MEMORY OF ZICO, BEST DOG AND JOGGING PARTNER ANYONE COULD ASK FOR.	
GEORGANN	SHINN	VANCOUVER	WA	USA	THANKS FOR THE GREAT TIMES!!! RUN!	Dog Paws
BECKI	SMITH	VANCOUVER	WA	USA	THIS RUN IS DEDICATED TO ALL MY PAST TEACHERS AND PROFESSORS!! THANK YOU!!	
BILL	HIBBS	VANCOUVER	WA	USA	RUNNING FOR PEACE!	
CHRISTY	SLOAN	VANCOUVER	WA	USA	THIS RUN IS DEDICATED TO MY MOTHER, CAROLYN SLOAN	American Cancer Society
BILL	BYRD	VANCOUVER	WA	USA	ONE SMALL RUN FOR BILL BYRD, ONE LARGE RUN FOR MANKIND. DON'T BOTHER TO BE BETTER THAN YOUR PREDECESSORS. TRY TO BE BETTER THAN YOURSELF. --FAULKNER	Vancouver Washington Rotary Foundation
JENNIFER	MCINTOSH	VANCOUVER	WA	USA	I LOVE YOU DAVID! HAPPY VALENTINES DAY...I CAN'T WAIT TO SPEND THE REST OF MY LIFE WITH YOU!	St. Vincent De Paul
SARA	BRADY	VANCOUVER	WA	USA	RUNNING FOR THE HEALTH OF IT!!	The National Breast Cancer Foundation
SOCORRO	HERNANDEZ	VANCOUVER	WA	USA	FOR MY LOVELY DAUGHTER, MEGAN...I'LL RUN FOR YOU ALWAYS BECAUSE YOU CAN'T!	Sw Washington Humane Society
ALISSA	MAXWELL	VANCOUVER	WA	USA	I LOVE YOU... LET US RUN WITH ENDURANCE THE RACE THAT IS SET BEFORE US , FIXING OUR EYES	Bryce Foundation
ROBERT (BOB)	GEOPFERT	VANCOUVER	WA	USA	ON JESUS	Option 360 Battleground, Wa
KIM	TAYLOR	VANCOUVER	WA	USA	JOANIE	Washougal Humane Society
SOCORRO	HERNANDEZ	VANCOUVER	WA	USA	RUN FOR YOUR LIFE!!	Sw Washington Humane Society
JESSICA	CARTER	VANCOUVER	WA	USA	RUNNING JUST FOR THE HELL-TH OF IT!	Humane Society
ROBERT	GEOPFERT	VANCOUVER	WA	USA	THANK YOU WARRIORS FOR YOUR SACRIFICE	Use For The Wounded Soldiers-
BILL	BYRD	VANCOUVER	WA	USA	THERE ARE NO EXCUSSES, ONLY PRIORITITES	Vancouver Rotary Club
JANN	BYRD	VANCOUVER	WA	USA	GREAT WAY TO STAY FIT!	
KIM	RICH	VANCOUVER	WA	USA	RUN FOR A HEALTHY TOMORROW.	Children Cancer Association
RON	RUSHFORD	VANCOUVER	WA	USA	FOR BEST LIFE - RUN	Clark Co. Running Club
JENNIFER	DELANO	VANCOUVER	WA	USA	I RUN FOR ME. MY SERENITY, MY CALM, MY QUIET, MY STRENGTH.	Clark County Humane Society
SOCORRO	HERNANDEZ	VANCOUVER	WA	USA	I RUN FOR THE HEART OF IT!!!	Sw Washington Humane Society
MARTHA	RHINE	VANCOUVER	WA	USA	KEEP MOVING FORWARD!	
TROY	SLOAN	VERADALE	WA	USA	YAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA!	World Relief
RILKE	BUSHEY	WALLA WALLA	WA	USA	NO MESSAGE REQUESTED	Planned Parenthood
GARY	WEIR	WALLA WALLA	WA	USA	THIS IS DEDICATED TO MY SISTER	Cancer Society
JACOB	BOWEN	WASHOHGSL	WA	USA	IN MEMORY OF BRANDY	West Columbia Gorge Humane Society
AMY	PARKISON	WASHOUGAL	WA	USA	IN MEMORY OF BRANDY	West Columbia Gorge Humane Society
BOBBIE	BELL	WASHOUGAL	WA	USA	I NEED A 2-3 X T-SHIRT	Columbia Gorge Animal Shelter

First Name	Last Name	City	State	Country	Message	Charity Name
BOBBIE	BELL	WASHOUGAL	WA	USA	WASHOUGAL	
DANA	LACKEY	WASHOUGAL	WA	USA	COLUMBIA GORGE HUMAN SOCIETY	
AMY	PARKISON	WASHOUGAL	WA	USA	WHETHER YOU THINK YOU CAN OR THINK YOU CAN'T, EITHER WAY, YOU'RE RIGHT.	Dog Paw
JEANMARIE	SHELTON	WOODINVILLE	WA	USA	I LOVE GETTING OUT TO RUN WITH PURPOSE.	Ymca
KIM	KLEWEIN	WOODINVILLE	WA	USA	DEDICATED TO MY MOTHER	Toys For Tots
BERT	KLEWEIN	WOODINVILLE	WA	USA	TO MY FAMILY	Girls On The Run
AUGGIE	KLEWEIN	WOODINVILLE	WA	USA	FOR MY FAMILY	Girls On The Run
KIM	HEIDGERKEN	WOODLAND	WA	USA	MY FIRST RUN IN 30 YEARS. CHEERS!	American Cancer Society
CRAIG	HEIDGERKEN	WOODLAND	WA	USA	PARTY ON DUDE.	American Cancer Society
ERIN	CHAPLIN	YAKIMA	WA	USA	LIVE YOUR DREAMS.	
ROSA	JACKSON	YAKIMA	WA	USA	PHILIPPANS 4:13-I CAN DO ALL THINGS THROUGH CHRIST WHO GIVES ME STRENGTH	
BONNIE	ISOM	YAKIMA	WA	USA	ONE MORE MILE!	Union Gospel Mission
KATHRYN	ORTOLF	YAKIMA	WA	USA	I CAN DO THIS.	Union Gospel Mission
CHAD	MICHAEL	YAKIMA	WA	USA	RUN LIKE YOU STOLE THOSE SHOES!	
AMY	DOMGAARD	YELM	WA	USA	IT WILL BE WORTH IT	
VIC	AKEMANN	AMHERST JUNCTION	WI	USA	I WOULD LIKE TO DEDICATE THIS RUN TO MY MOM.	The Greenhouse Project In Stevens Point, Wi
RACHEL	SEPPI	APPLETON	WI	USA	RUNNING IN MEMORY OF GRANDMA ILMI.	Alzheimer'S Association
NOELE	REYNOLDS	APPLETON	WI	USA	WILL RUN WITH MY 2 DOGS AND DONATE TO WAUPACA, WI HUMANE ASSOCIATION:	
TESS	VANDE WALLE	APPLETON	WI	USA	HTTP://WWW.WAUPACAHUMANE.ORG/	Humane Society Of Waupaca County (Wi)
RACHAEL	DEMAGGIO	APPLETON	WI	USA	RUN LIKE THE WIND!	
TESS	VANDEWALLE	APPLETON	WI	USA	I GET TO RUN WITH MY DAD AND SISTER IN DIFFERENT STATES! CAN'T WAIT TO BEAT THEM :)	
NICOLE	DOEBERT	APPLETON	WI	USA	RUN FREE	
TANYA	ROSENTHAL	APPLETON	WI	USA	IF NOT NOW...WHEN? YOU CAN DO MORE THAN YOU THINK YOU CAN. SEIZE THE MOMENT!	Fox Valley Symphony
KIMBERLY	CZAPIGA	ASHLAND	WI	USA	IF THE WORD QUIT IS PART OF YOUR VOCABULARY, THEN THE WORD FINISH IS LIKELY NOT." B.G. JETT"	Midwest Horse Welfare Foundation, Inc.
KIM	CZAPIGA	ASHLAND	WI	USA	UNCONDITIONAL LOVE IS A BEAUTIFUL THING!!	Aspca
SCOTT	COLES	ASHLAND	WI	USA	RUNNING FOR MY FAMILY.	Aspca
KARLA	DEMASKE	BLACK RIVER FALLS	WI	USA	RUNNING FOR MY SON AND MY FAMILY.	Leukemia And Lymphoma Society
KAREN	MEUTH	BLANCHARDVILLE	WI	USA	SOMEONE HAS TO RUN THIS WORLD!	
JIM	MEUTH	BLANCHARDVILLE	WI	USA	ONE STEP AT A TIME	Leukemia & Lymphoma Society
LAUREL	KADING	BLANCHARDVILLE	WI	USA	KARI IS THE LOVE OF MY LIFE	Leukemia & Lymphoma Society
KASSONDRA	ROACH	BLOOMER	WI	USA	IT BEGINS WITH A SINGLE STEP	Leukemia & Lymphoma Society
JARROD	SMITH	BROOKFIELD	WI	USA	RUNNING NEVER TAKES FROM YOU MORE THAN IT GIVES BACK...	American Heart Association
MANDY	ONSTAD	BURLINGTON	WI	USA	I SPONSOR A CHILD IN EL SALVADOR THROUGH COMPASSION INTERNATIONAL:	
TAYLOR	LOEW	BURNETT	WI	USA	NORMA LIZETTE GARCIA CALDERON	Compassion International
JEFF	TREML	CASCO	WI	USA	I RUN TODAY CUZ ONE DAY I WONT BE ABLE TO.	
JEFF	TREML	CASCO	WI	USA	IN MEMORY OF MY GRANDMA AND TO BE WITH THE TEAM!!!!	American Diabetes Association
JEFF	TREML	CASCO	WI	USA	PAIN IS JUST THE WEAKNESS COMING OUT	Animal Shelter
JEFF	TREML	CASCO	WI	USA	BORN TO RUN	
JEFF	TREML	CASCO	WI	USA	FOR MOM	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
CHRISTOPHER	BOETTCHER	CEDARBURG	WI	USA	DEDICATED TO THOSE WHO ARE NOT ABLE TO RUN WITH ME	Wisconsin Breast Cancer Showhouse
KATHY	BLOCK	CLINTONVILLE	WI	USA		
KATHY	BLOCK	CLINTONVILLE	WI	USA		
KIMBERLEY	SLINDE	COMBINED LOCKS	WI	USA	RUN HAPPY!	Leukemia And Lymphoma Society
JILL	DOUCETTE	COTTAGE GROVE	WI	USA	GO WORLD!	Pancan
STEVEN	MARTINELLI	COTTAGE GROVE	WI	USA	CAN'T TALK NOW, GOTTA RUN!	Second Harvest Foodbank
JILL	DOUCETTE	COTTAGE GROVE	WI	USA	DEDICATED TO GEORGE DOUCETTE WHO LOST HIS BATTLE TO PANCREATIC CANCER	
JILL	DOUCETTE	COTTAGE GROVE	WI	USA	IN 2007	
JILL	DOUCETTE	COTTAGE GROVE	WI	USA	FOR GEORGE	American Cancer
LYNN	SIEKMANN	CROSS PLAINS	WI	USA	TO GIVE ANYTHING LESS THAN YOUR BEST IS TO SACRIFICE THE GIFT.	
HEIDI	CASEY	CROSS PLAINS	WI	USA	MISS YOU DAD...HAPPY BIRTHDAY!	
ADELE	PITT	CUDAHY	WI	USA	JOY IS IN THE JOURNEY... GO THE DISTANCE AND SMILE!	Ronald Mcdonald House
AMANDA	UNTIEDT	CURTISS	WI	USA	LOVE YOU BABE!	
DANIELLE	SHINKUS	DARIEN	WI	USA	YES, YOU CAN!	Darien Food Pantry
DANIELLE	SHINKUS	DARIEN	WI	USA	FOR SUE J. ALMOST THERE MY FRIEND!	
DANIELLE	SHINKUS	DARIEN	WI	USA	WISH IT, DREAM IT, DO IT!	American Cancer Society
JILL	CHAMP	DE PERE	WI	USA	MY LEGS CAN KEEP NO PACE WITH MY DESIRE.	
LUNDYN	FOSS	DE PERE	WI	USA	INSPIRE HEALTH	American Red Cross
IAN	FOSS	DE PERE	WI	USA	INSPIRE HEALTH	American Red Cross
MELISSA	FOSS	DE PERE	WI	USA	INSPIRE HEALTH	American Red Cross
LEVI	FOSS	DE PERE	WI	USA	INSPIRE HEALTH	American Red Cross
PAT	CURRY	DEERFIELD	WI	USA	RUNNING IS FREE AND GOOD FOR YOU.	Colon Cancer Foundation
BRANDON	ZELLMER	DELAVAN	WI	USA	LETS RUN FOR SOME FUN!	Lymphoma Research Foundation
JILL	CHAMP	DEPERE	WI	USA	RUN WHEN YOU CAN, WALK WHEN YOU HAVE TO, CRAWL IF YOU MUST; JUST NEVER	
JILL	CHAMP	DEPERE	WI	USA	GIVE UP." -DEAN KARNAZES"	Salvation Army
JILL	CHAMP	DEPERE	WI	USA	NOTHING TASTES AS GOOD, AS FIT FEELS	
KELLY	CHAMP	DEPERE	WI	USA	THANK YOU FOR BEING THERE FOR ME KELLY, I LOVE YOU.	
JIM	SEVERSON	EAU CLAIRE	WI	USA	I RUN IN HOPES IT WILL HELP ME TO LEAD A LONG AND HEALTHY LIFE WITH MY	
ROM	GEMPESAW	ELEVA	WI	USA	LOVELY, AVID RUNNER, WIFE.	
RACHEL	PERSON	ELKHORN	WI	USA	I DEDICATE MY RUN TO MY CHILDREN THAT THEY TO WILL FIND THE PEACE AND	
SEAN	CONNOLLY	EVANSVILLE	WI	USA	GOODNESS IN RUNNING.	Trout Unlimited
CINDY	JENSEN	FITCHBURG	WI	USA	LEAD A HEALTHY LIFESTYLE!	Eau Claire County Humane Society
KAREN	FLOECKHER	FITCHBURG	WI	USA	YOU HAVE TO CHANGE YOUR LIFE BEFORE YOUR LIFE CHANGES YOU	Vocational Industries In Elkhorn, Wi
RICHARD	FLOECKHER	FITCHBURGH	WI	USA	CFIDS	Cfids
LUKE	BURLINGAME	FORT ATKINSON	WI	USA	I AM RUNNING FOR HEALTH.	American Heart Association
AMANDA	EISCHEN	GRAFTON	WI	USA	I DEDICATE MY RUN TO HEDER SANCHEZ, MY RUNNING MENTOR IN PUEBLA, MEXICO.	Matc
JASON	PRISTELSKI	GREEN BAY	WI	USA	AN ARTIST HAS NO HOME IN EUROPE EXCEPT IN PARIS." (FRIEDRICH NIETZSCHE)"	Matc
ROBERT	SNYDER	GREEN BAY	WI	USA	TO GIVE ANYTHING LESS THAN YOUR BEST IS TO SACRIFICE THE GIFT.	Special Olympics
LOIS	SNYDER	GREEN BAY	WI	USA	RUN IS DEDICATED TO ALL FRIENDS AND FAMILY SUFFERING WITH HEALTH	
AMANDA	EISCHEN	GRAFTON	WI	USA	PROBLEMS.	
JASON	PRISTELSKI	GREEN BAY	WI	USA	DEDICATED TO MY DAD. LIVE, LAUGH, AND LOVE	Leukemia And Lymphoma Society
ROBERT	SNYDER	GREEN BAY	WI	USA	FOR LOIS	
LOIS	SNYDER	GREEN BAY	WI	USA	FOR BOB	

First Name	Last Name	City	State	Country	Message	Charity Name
BRENDA	JOHNSON	GREEN BAY	WI	USA	THIS IS AWEOME!	
MICHELLE	SCHLIEF	GREEN BAY	WI	USA	HERE'S TO MY LAST YEAR IN MY 30S AND TO STARTING OFF THE NEXT DECADE IN THE BEST SHAPE OF MY LIFE!	
MATT	SCHLIEF	GREEN BAY	WI	USA	HERE'S TO BEING HEALTHIER IN MY 40S THAN I WAS IN MY 30S	Paul'S Pantry
SHANNON	MARKIEWICZ	GREEN BAY	WI	USA	SO PSYCHED FOR THIS!	
SHANNON	MARKIEWICZ	GREEN BAY	WI	USA	RUN BECAUSE YOU'LL DIE IF YOU DON'T	Water.Org
RACHEL	RIFLEMAN	GREEN BAY	WI	USA	I LOVE YOU	
LAUREN	BROTZ	GREEN BAY	WI	USA	RUNNING IS FREEDOM	
RACHEL	RIFLEMAN	GREEN BAY	WI	USA		
RACHEL	RIFLEMAN	GREEN BAY	WI	USA		
JUNIUS	HO	GREENVILLE	WI	USA	COMMIT TO LIVEFIT!	
MIGUEL	PACHECO	HALES CORNERS	WI	USA	NUNCA DEJARSE VENCER	Hause Of Formation
					NOTHING WILL EVER BE ATTEMPTED IF ALL POSSIBLE OBJECTIONS MUST FIRST BE	
DAWN	KLAES	HAMMOND	WI	USA	OVERCOME	
TAMILYN	FREY	HAYWARD	WI	USA	RUN!	Lakeland Family Resource Center
JULIE	FRONK	HILLSBORO	WI	USA	THIS RUN IS DEDICATED TO CHARLENE DARCY	St. Joseph'S Foundation
KELLY	HANSBERY	HILLSBORO	WI	USA	RUNNING FOR CHARLENE DARCY	St. Joseph'S Foundation
JULIE	FRONK	HILLSBORO	WI	USA	FOR THE LOVE OF RUNNING!	St. Joseph'S Foundation
JULIE	FRONK	HILLSBORO	WI	USA		St. Joseph'S Memorial Foundation
JULIE	FRONK	HILLSBORO	WI	USA		
RACHEL	RIFLEMAN	HOBART	WI	USA		
FRANNY	MEYER-BRIGGS	HOLCOMBE	WI	USA	RUN LIKE THE WIND FOR THOSE WHO CAN'T AND ALWAYS REMEMBER TO ENJOY THE JOURNEY!	Bolton House - Eau Claire
FRANNY	MEYER-BRIGGS	HOLCOMBE	WI	USA	I RUN FOR THOSE WHO CAN'T!	Goodwill
NICK	BRAUN	HORICON	WI	USA	I RUN FOR FUN.	Salvation Army
					RUNNING SINCE THE AGE OF 4- THRERE'S NO STOPPING NOW. A HUGE DEDICATION	
SARA	DREWS	HORICON	WI	USA	TO MY FATHER-MY HERO!!!	American Heart Assoc.
					MY CROSS COUNTRY TEAM AND I ARE ALL GOING TO RUN 4 MILES FOR DIFFERENT	
MIKAELA	HIGGINS	HORICON	WI	USA	ORGANIZATIONS.	
KRISTINE KONRATH	KONRATH	HORICON	WI	USA	IT'S MY LIFE, MY GIFT.""	Make A Wish Foundation
					JEAN, WENDY, GRMPA CLEM, GRMMA DELORES, GRMMA JENNY, UNCLE DENNIS. I	
MICHAEL	LEBOUTON	HORICON	WI	USA	WON'T WASTE THE GIFT OF TODAY.	American Cancer Society
GABRIELLE	LEBOUTON	HORICON	WI	USA	FOR GREAT GRANDPA CLEM	American Cancer Society
MADELINE	LEBOUTON	HORICON	WI	USA	FOR GRANDPA ROGER	American Heart Association
JOANNE	MCMILLAN	HORICON	WI	USA	FOR WENDY	
AARON	SCHULZE	HORICON	WI	USA	RUN!	
MICHAEL	LE BOUTON	HORICON	WI	USA	THERE ARE NO GUARANTEES BUT TODAY.	Alzheimer'S Association
					RUNNING SINCE THE AGE OF 4--- NO STOPPIN NOW!! LUV & MISS U DAD!!! THAN U	
SARA	DREWS	HORICON	WI	USA	HORICON X-C TEAM!!!	American Heart Association
HOLLY	BRODELL	HORTONVILLE	WI	USA	LOVE MY FAMILY!	Children'S Hospital
ELLY	SORENSEN	HOULTON	WI	USA		
JEREMIA	SORENSEN	HOULTON	WI	USA		
LESLIE	OSKEY	HOWARDS GROVE	WI	USA	GRANDPA AL OSKEY	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
ADAM	GRIEM	HUDSON	WI	USA	I DEDICATE THIS RUN TO MY FUTURE WIFE, SARAH WARWICK. I LOVE YOU!!	Direct Relief International
TAMI	KEENAN	INDEPENDENCE	WI	USA	RUN~	
ALIA	MAZZOLARI	IRON RIDGE	WI	USA	MORE POWERFUL THAN THE WILL TO WIN, IS THE COURAGE TO BEGIN! MOST PEOPLE NEVER RUN FAR ENOUGH ON THEIR FIRST WIND TO FIND OUT THEY HAVE A SECOND	At Children'S Project A.T.-Telethon Oshkosh Wi
ALIA	MAZZOLARI	IRON RIDGE	WI	USA		
ANGIE	ZAK	IXONIA	WI	USA	DEDICATED TO ALL THE ORPHANS IN CHINA.	
ANGIE	ZAK	IXONIA	WI	USA	TO ALL THE ORPHANS IN CHINA AND KOREA.	
ANGIE	ZAK	IXONIA	WI	USA	IN HONOR OF THE ORPHANS IN CHINA AND KOREA.	
ANGIE	ZAK	IXONIA	WI	USA	WILL RUN FOR WINE!	
ANGIE	ZAK	IXONIA	WI	USA		
BERNARD	DEBROUX	JANESVILLE	WI	USA	DON'T THINK ABOUT IT, JUST DO IT	Echo
BERNARD	DEBROUX	JANESVILLE	WI	USA	AGE IS JUST A NUMBER.	Echo
KARYN	GRAMLEY	JANESVILLE	WI	USA	DEDICATED TO THOSE WHO SUFFER WITH EMPHYSEMA. LOVE YOU DAD!	National Emphysema Foundation
KARYN	GRAMLEY	JANESVILLE	WI	USA	LOVE YOU SARI! WE MISS YOU!!	American Cancer Society
JESSICA	FILTER	JANESVILLE	WI	USA	LOVE YOU PAPA!	National Emphysema Foundation
KARYN	GRAMLEY	JANESVILLE	WI	USA	LOVE YOU DAD!	National Emphysema Foundation
JESSICA	FILTER	JANESVILLE	WI	USA	LOVE YOU PAPA! YOU MAY NEVER KNOW WHAT RESULTS COME OF YOUR ACTION, BUT IF YOU DO	National Emphysema Foundation
LORI	HALDEMAN	JANESVILLE	WI	USA	NOTHING THERE WILL BE NO RESULT	Either Echo Or Elca World Hunger.
BOND	HALDEMAN	JANESVILLE	WI	USA	WHENEVER YOU ARE CONFRONTED WITH AN OPPONENT. CONQUER HIM WITH LOVE.	Echo Or Elca World Hunger
JUSTIN	FILTER	JANESVILLE	WI	USA	THIS IS FOR YOU PAPA! LOVE YOU!	National Emphysema Foundation
JARED	FILTER	JANESVILLE	WI	USA	LOVE YOU PAPA! DEDICATED TO THE MEMORY OF DANA LEE PETITT. VISIT WWW.OOKINGDOM.COM/KINGSLOG/2012/DANA	National Emphysema Foundation
CHARLIE	PETITT	JANESVILLE	WI	USA		Rock County Humane Society
KARYN	GRAMLEY	JANESVILLE	WI	USA	LOVE YOU DAD!!	National Emphysema Foundation
KARYN	GRAMLEY	JANESVILLE	WI	USA		National Emphysema Foundation
CHRYSTI	SAFIE	JEFFERSON	WI	USA	BECAUSE I CAN... THE MIRACLE ISN'T THAT I FINISHED. THE MIRACLE IS THAT I HAD THE COURAGE TO START." -JOHN BINGHAM"	Http://Main.Acsevents.Org/Goto/Chrysti Jefferson County Humane Society, Jefferson, Wi
REBECCA	KERKENBUSH	JEFFERSON	WI	USA	EVERY PICTURE HAS A STORY TO TELL, CREATE YOURS TODAY" @ PICKLE PATCH PHOTOGRAPHY"	Breast Cancer Ronald Mc Donald House
PAMELA	BLOY	KAUKAUNA	WI	USA		
ELIZABETH	BOWER	KENOSHA	WI	USA	I DO NOT RUN TO ADD DAYS TO MY LIFE I RUN TO ADD LIFE TO MY DAYS.	
JENNIFER	KAPLAN	KENOSHA	WI	USA	RUN HAPPY	
JOSEPH	SHEEHAN	KENOSHA	WI	USA	I NEED TO FIND A WARMER PLACE TO RUN IN NOVEMBER :)	American Cancer Association
ALLAN	EILTS JR	KENOSHA	WI	USA	AND FROM THAT DAY ON, IF I WAS GOING ANYWHERE, I WAS RUN-NING	
CHRISTINE	SALVATORE	KENOSHA	WI	USA	FOR MY GRANDSON: STARTING OUT WALKING, WORKING UP TO A RUN.	Friends Of Autism
NIKKI	CAMPAGNA	KENOSHA	WI	USA	YOU ARE ONLY ONE RUN AWAY FROM A GOOD MOOD!	
KEN	CAMPAGNA	KENOSHA	WI	USA	I RUN FOR THOSE WHO CANNOT RUN!	Avon Walk
GINNY	EASTER	KENOSHA	WI	USA	YOU CAN HAVE RESULTS OR EXCUSES - NOT BOTH!	Avon Walk For Breast Cancer
ANNE	ADAMS	KIEL	WI	USA	I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME - PHIL. 4:13	National Ms Society
KATHRYN	KOEHNE	LACROSSE	WI	USA	NO MESSAGE REQUESTED THIS YEAR	Amer Cancer Society
KEVIN	DYBOWSKI	LAKE GENEVA	WI	USA	RUNNING WITH THE FAMILY!	
REBEKAH	DYBOWSKI	LAKE GENEVA	WI	USA	RUNNING WITH THE FAMILY!	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
ISAAK	DYBOWSKI	LAKE GENEVA	WI	USA	RUNNING WITH THE FAMILY	
Laurie	GORMAN	MADISON	WI	USA	NO MESSAGE REQUESTED THIS YEAR	Planned Parenthood
LIZ	MEILS	MADISON	WI	USA	NO MESSAGE REQUESTED THIS YEAR	Clean Wisconsin
Laurie	GORMAN	MADISON	WI	USA	NO MESSAGE REQUESTED	Hospice Care Camp C.A.M.P., A Camp For Children With Disabilities Run By Pediatrician, Chris Johnson In San Antonio, Texas.
LIESEL	HANNAMAN	MADISON	WI	USA	NO MESSAGE REQUESTED	
DEBORAH	HOFFMAN	MADISON	WI	USA	PEACE!	
EMILY	JAHNIG	MADISON	WI	USA	OUR STRENGTH IS IN OUR UNITY AND IN OUR DIVERSITY." - COLIN POWELL."	Partners In Health
DINAH	LANGSJOEN	MADISON	WI	USA	TO MY FAMILY! TO MY FRIENDS! TO MYSELF! I HOLD LIFE LIKE A BRIMMING CUP VINEGAR AT TIMES, FOR THE MOST, WINE" - NIYI	Human Rights Campaign
MARK	LILLELEHT	MADISON	WI	USA	OSUNDARE"	
FRANCES	WIEDENHOEFT	MADISON	WI	USA	WWW.BLOGGROUND.COM	Iraq And Afghanistan Veterans Of America
MANNERS	WHITEAGLE	MADISON	WI	USA	FOR BILLY MILLS	Iraq And Afghanistan Veterans Of America
MARK	LILLELEHT	MADISON	WI	USA	I HOLD LIFE LIKE A BRIMMING CUP / VINEGAR AT TIMES, FOR THE MOST, WINE" - NIYI OSUNDARE"	Scott Kloeck-Jenson Fellowships, Uw Global Studies Scott Kloeck-Jenson Fellowships, Uw Global Studies
DEBORAH	HOFFMAN	MADISON	WI	USA	GO DEB & MARK!! GO RUNNERS!!	
KIMBERLY	PEASE	MADISON	WI	USA	PEACE	
BABAHE	SIDIBE	MADISON	WI	USA	VIVE LES ETATS-UNIS!	
FRANCES	WIEDENHOEFT	MADISON	WI	USA	FOR RACHEL LACY	Java Community Of Veterans
MANNERS	WHITEAGLE	MADISON	WI	USA	TO THE NAJ'S!	Southern Poverty Law Center Team Up!
ANNA	CARRIVEAU	MADISON	WI	USA	TIME TO GO! RUNNING IN HONOR OF ALL MEN/WOMEN WHO ARE SERVING/SERVED IN OUR	Http://www.teamupwithfamilies.org/
COLLEEN	OBRIEN	MADISON	WI	USA	COUNTRY'S MILITARY	
JESSIE	CANCE	MADISON	WI	USA	RUNNING TO STAY WARM!	
DAVID	REAL	MADISON	WI	USA	I RUN FOR CRAFT BEER.	The Wisconsin National Multiple Sclerosis Society
JEAN	BORMETT	MADISON	WI	USA	EVERY FOOTSTEP IS A FOOTSTEP FOR PEACE	Myself
TAMMY	COPLIEN	MADISON	WI	USA	DON'T JUST TRI - DO IT!	Susan G. Komen
ROBIN	RINEHART	MADISON	WI	USA	CREATE BALANCE!	
LINDSAY	HANSON	MADISON	WI	USA	--	
JEANETTE	KRAUSE	MADISON	WI	USA	ADVENTURE IS OUT THERE!	
MEGAN	SISSON	MADISON	WI	USA	DEDICATED TO DOTSIE	
MELINDA	MCNICHOLS	MADISON	WI	USA	FOR DOTSIE	
SANDRA	RODENBERG	MADISON	WI	USA	RUNNING FOR THE HEALTH OF IT.	
KIMBERLY	VIRDEN	MADISON	WI	USA	I RUN FOR EPILEPSY AWARENESS - WHAT YOU CAN DO!	Paws With A Cause Service Dogs
BREANNA	HOLLAND	MADISON	WI	USA	DEDICATED TO MY BEAUTIFUL GIRLS	St. Jude
BREANNA	HOLLAND	MADISON	WI	USA	I LOVE YOU ERIC!	St. Jude'S Children'S Hospital
DEREK	NORKOL	MAPLE	WI	USA	RUN 4 RECOVERY	

First Name	Last Name	City	State	Country	Message	Charity Name
MARY MICHELLE	KOVACH LEONHARDT	MARION MARSHFIELD	WI WI	USA USA	THE MIRACLE ISN'T THAT I FINISHED. THE MIRACLE IS THAT I HAD THE COURAGE TO START. -JOHN BINGHAM"	Marion Public Library
LAURA	TAAKE	MAUSTON	WI	USA	LOTS OF LOVE TO MY BEAUTIFUL DAUGHTER, KAMRYN MOST PEOPLE NEVER RUN FAR ENOUGH ON THEIR FIRST WIND TO FIND OUT THEY'VE GOT A SECOND. WM. JAMES	
DUSTIE	SESTON	MAZOMANIE	WI	USA	MY RUN IS DEDICATED TO ALL THOSE WHO CHOOSE TO SAY I CAN" INSTEAD OF "I CAN'T."	
SHERRI JOANNE LUANN TOM	HUFF VANNESS WICKEHAM WICKEHAM	MENASHA MENASHA MENASHA MENASHA	WI WI WI WI	USA USA USA USA	IT'S ALL ABOUT ME, WELL IT'S ALL ABOUT ME TRYING TO STAY HEALTHY FOR ALL THOSE I LOVE. LIFE IS TO SHORT, YOU NEED TO RUN FOR IT. I'LL RUN BECAUSE I CAN.	World Challenge
VICTORIA WENDI	MANSFIELD WEINKAUF	MENOMONIE MERRILL	WI WI	USA USA	TO MY WIFE - WHO INSPIRED ME TO BEGIN RUNNING. I WANT TO DEDICATE MY SUCCESSES TO EVERYONE WHO HAS SUPPORTED ME THROUGH ALL OF MY RUNNING CRAZY.	St. Joe'S Food Pantry St. Joseph'S Food Pantry
FAY JODY HEIDI BRIAN	SUKOW SUKOW CASEY VASEY	MERRILL MERRILL MIDDLETON MIDDLETON	WI WI WI WI	USA USA USA USA	RUNNING FOR ANDY AND DADDY. LIFE IS NOT EASY, BUT IT IS WORTH IT! THE MIRACLE ISN'T THAT I FINISHED. THE MIRACLE IS THAT I HAD THE COURAGE TO START.	Salvation Army Salvation Army Susan G. Komen
SUE DEIDRE	HELD DUNN	MIDDLETON MIDDLETON	WI WI	USA USA	I RUN TO CELEBRATE THE BLESSINGS I HAVE AND SHARE WITH OTHERS TO TIM WHO HAS BEEN THERE FOR MY RUNS NEAR & FAR, GOOD WEATHER & BAD. I LOVE YOU! DEDICATED TO MY LATE MOTHER, PAT	Pheasant Branch Nature Conservancy
MICHELLE MAUREEN BECKY	CZLAPINSKI BESSEL HOYT	MILLADORE MILTON MILWAUKEE	WI WI WI	USA USA USA	THE MIRACLE ISN T THAT I FINISHED. THE MIRACLE IS THAT I HAD THE COURAGE TO START. - JOHN BINGHAM YOU'LL NEVER SUCCEED AT ANYTHING UNLESS YOU HAVE FUN DOING IT... NO MESSAGE REQUESTED	American Cancer Society Second Harvest Of Wisconsin Green Acres Boxer Rescue Www.Gabr-Wi.Com
DAVID KELLY TAMMY DAVID TAMMY BRIAN THERESE KAREN BRIANNA	FINK SMITH WOLFE FINK WOLFE SMITH THOMPSON MOLLOY CONAGHAN	MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE MILWAUKEE	WI WI WI WI WI WI WI WI WI WI	USA USA USA USA USA USA USA USA USA USA	SUPPORT YOUR LOCAL RESCUE - WWW.GABR-WI.COM THIS RUN IS DEDICATED TO TILLY I ONLY HAVE TODAY-MAKE THE MOST OF IT." DEDICATED TO GREEN ACRES BOXER RESCUE OF WISCONSIN BELIEVE IN MEMORY OF CHERI, AND SUPPORT OF PEOPLE DEALING WITH CERVICAL CANCER YES, I CAN DO THIS! RUNNING FOR THE HEALTH OF IT	Humane Society Green Acres Boxer Rescue Of Wisconsin Wi Humane Society Sas Cervical Cancer Foundation Make A Wish Foundation
CARRIE JOE ALICIA	BLUM AZZARA DEASON	MONROE MONTICELLO MONTICELLO	WI WI WI	USA USA USA	I AM DEDICATING THIS RUN TO JOHN KLOSSNER WHO DIED AT THE AGE OF 19 THIS PAST SUMMER. ONE STEP AT A TIME YOU HAVE TWO OPTIONS, GIVE UP OR FIGHT LIKE HELL !	Habitat For Humanity American Heart Association Breast Cancer Awareness

First Name	Last Name	City	State	Country	Message	Charity Name
LAURA	JOHNSTON-VOEGELI	MONTICELLO	WI	USA	MOST PEOPLE NEVER RUN FAR ENOUGH ON THEIR FIRST WIND TO KNOW THEY'VE GOT A 2ND" ~WILLIAM JAMES"	Leukemia & Lymphoma
ALICIA	DEASON	MONTICELLO	WI	USA	TILL MY LAST DAY	
LAURA	JOHNSTON	MONTICELLO	WI	USA		
LAURA	JOHNSTON	MONTICELLO	WI	USA	I AM RUNNING IN HONOR OF ALL CANCER PATIENTS TODAY, AND FOR THOSE WHO LOST THEIR BATTLE.	Iowa County Humane Society Red Cross Fox Valley Humane Association Neenah Animal Shelter Neenah Humane Shelter
JODI	BRICCO	MUKWONAGO	WI	USA	ANOTHER CHECK OFF THE BUCKET LIST ! COUCH TO 5K, 10K AND 15K IN 3 MONTHS!!!	
CHRIS	REEDY	MUSCODA	WI	USA	I'M RUNNING FOR MY BELOVED DOG, RECENTLY LOST, HUNTER	
SUSAN	REEDY	MUSCODA	WI	USA	I DEDICATE THIS RUN TO VICTORIA MCGRAW WHO IS BATTLING CANCER AND CAN NOT RUN HERSELF <3	
CHRIS	POLLACK	MUSKEGO	WI	USA	ANYONE CAN RUN 20 MILES. IT'S THE NEXT SIX THAT COUNT.	
RALANNA	ZIMMER	NEENAH	WI	USA	IF YOU CAN DREAM IT --YOU CAN DO IT!!!	
RALANNA	ZIMMER	NEENAH	WI	USA	THIS IS MY FIGHT SONG !!!! RUN FOREST RUN !!!	
RALANNA	ZIMMER	NEENAH	WI	USA	ANOTHER WORLD RUN DAY...GREAT EVENT FOR MY CAUSE.	
TALIA	MARTINO	NEW BERLIN	WI	USA	TO SHELTER PETS WHO MAY NOT KNOW THAT THERE IS ANYONE WHO CARES, BUT THERE'S AT LEAST ONE; ME	
MELISSA	GIEBEL	NEW HOLSTEIN	WI	USA	YOUR LEGS ARE NOT GIVING OUT. YOUR HEAD IS GIVING UP. KEEP GOING.	
TRACY	TOMALOFF	NEW LISBON	WI	USA	LET'S ALL BE MORE ACTIVE!	S.A.N.D. Rescue
TRACY	TOMALOFF	NEW LISBON	WI	USA	LIFE IS GOOD!	
TRACY	TOMALOFF	NEW LISBON	WI	USA	LET'S BE MOVIN'!	Harbor House Domestic Abuse Programs
TRACY	TOMALOFF	NEW LISBON	WI	USA	LET'S GET MOVIN'!	
THOMAS	MICHELS	NEW RICHMOND	WI	USA	WILL BE RUNNING WHILE ON VACATION IN ORLANDO.	Hope House
THOMAS	MICHELS	NEW RICHMOND	WI	USA	LOOKING FORWARD TO THIS AGAIN THIS YEAR.	
THOMAS	MICHELS	NEW RICHMOND	WI	USA	MY VACATION RUN	Hope House
THOMAS	MICHELS	NEW RICHMOND	WI	USA		
THOMAS	MICHELS	NEW RICHMOND	WI	USA		Hope House In Stillwater Mn
DEENA	ALT	NORTH FREEDOM	WI	USA	I AM DEDICATING MY RUN TO MY BROTHER BRANDON	American Lung Association
JEFF	GOLLER	OAK CREEK	WI	USA	I RUN FOR OTHERS WHO CAN'T.	
MICHELLE	COWGILL	ONALASKA	WI	USA		
KRISTI	ADILI	OREGON	WI	USA	ADILI'S	Breast Cancer
WENDY	WARTENWEILER	OREGON	WI	USA		Boys And Girls Club
ALICIA	DEASON	OREGON	WI	USA	ONE STEP AT A TIME	
JENNIFER	BAUGHMAN	OSHKOSH	WI	USA	JUST KEEP GOING!!!	
HEIDI	HOCHKAMMER	OSHKOSH	WI	USA	LET'S CURE BREAST CANCER! I'M RUNNING FOR MARCIA AND ANNE. THANKS FOR WATCHING DOWN ON US.	Susan G. Komen
KATE	OTTO	OSHKOSH	WI	USA	IN LOVING MEMORY OF ARIEL OTTO	
ANNE	SANFELIPPO	OSHKOSH	WI	USA	DEDICATED TO MY FAVORITE WORKOUT PARTNER AND FURRY COMPANION, HUNTER, A FORMER SHELTER DOG.	Oshkosh Area Humane Society
LEAH	GULLICKSON	OSHKOSH	WI	USA	I AM RUNNING TO CELEBRATE 1 YEAR THAT I STARTED A SERIOUS RUNNING AND WEIGHT LOSS PROGRAM! :)	
LEAH	REBNE	OSHKOSH	WI	USA	I DEDICATE MY RUN TO JAKE GASSEN WHO WAS KILLED IN AFGHANISTAN 11-29-10	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
KENDAL	KORNACKI	OSHKOSH	WI	USA	RUN FOR THOSE WHO CAN'T."	Father Carr'S Place 2B
KATHRYN	OTTO	OSHKOSH	WI	USA	COURAGE ISN'T ALWAYS A ROAR.""	Oshkosh Area Humane Society
EMILY	ENGELKE	OSHKOSH	WI	USA	MOST PEOPLE DREAM ABOUT SUCCESS. THE REST OF US GET UP AND WORK HARD FOR IT!	Miriam B. White Foundation For Breast Cancer
CHRIS	BAGANZ	OSHKOSH	WI	USA	FOR GOLDIE	Alzheimers Association
AMY	SMITH	OSHKOSH	WI	USA	RUN AMY RUN!	Fcc
RAGAN	PECORE	OSHKOSH	WI	USA	JESUS CHRIST, SAVIOUR, REDEEMER, FRIEND, BY WHOM I LIVE, BREATHE AND RUN. I CAN DO ALL THINGS THROUGH CHRIST WHO GIVES ME STRENGTH"RUNNING	Compassion International
GAIL	BATES	OSHKOSH	WI	USA	FOR YOU, LITTLE BROTHER..."	Stingcancer
PAULA	JUNGWIRTH	OSHKOSH	WI	USA	I CAN DO ALL THINGS THROUGH CHRIST WHO GIVES ME STRENGTH.""	Stingcancer
KATHRYN	HEITMAN	OSHKOSH	WI	USA	IN MEMORY OF MY DAD THE MILES CAN BUILD YOU UP OR THE MILES CAN WEAR YOU DOWN IT'S ALL ABOUT HOW YOU APPROACH IT.""	Mnbdsra
KRISTYN	REIN	PEWAUKEE	WI	USA	NO MESSAGE REQUESTED	Hurricane Katrina
DAVID	KLAAS	PLATTEVILLE	WI	USA	RUNNING FOR MY MOM WITH LUNG CANCER	Other
MICHAEL	METZ	PLATTEVILLE	WI	USA	ALWAYS DO YOUR BEST	Als
REBECCA	SLYE	PLEASANT PRAIRIE	WI	USA	ALWAYS DO YOUR BEST....	
REBECCA	SLYE	PLEASANT PRAIRIE	WI	USA	ALWAYS DO YOUR BEST	
REBECCA	SLYE	PLEASANT PRAIRIE	WI	USA	KEEP RUNNING!	
CATHERINE	MURPHY	PLOVER	WI	USA	LIVE AS IF YOU WERE TO DIE TOMORROW. LEARN AS IF YOU WERE TO LIVE FOREVER. ~ MAHATMA GHANDI	Maywood
SARAH	LISIECKI PERKINS	PLYMOUTH	WI	USA	FOR MY DAD	
SARAH	LISIECKI PERKINS	PLYMOUTH	WI	USA	LOVE TRAIL RUNNING!	Marquette Co Ice Age Trail
KIRK	JIANNACOPOULOS	PORTAGE	WI	USA	LOVE TRAIL RUNNING WITH MY FAMILY!	Marquette Co Ice Age Trail
NINA	JIANNACOPOULOS	PORTAGE	WI	USA	LOVE TRAIL RUNNING WITH MY FAMILY!	Marquette Co Ice Age Trail
JULIA	JIANNACOPOULOS	PORTAGE	WI	USA	LOVE TRAIL RUNNING WITH MY FAMILY!	The Draggin Dragons, Family Dragonboat Team
KAREN	GRABHER	RACINE	WI	USA	DRINK WATER; GET PLENTY OF SLEEP; GO LIKE HELL! CARPE DIEM!	American Cancer Society
DEBRA	GORMAN	RACINE	WI	USA	I DEDICATE THIS RUN FOR ALL MY FRIENDS THAT HAVE DIED OF CANCER	
AMY	PAPILLON	RACINE	WI	USA	2 CORINTHIANS 4:16-18	
DEBRA	GORMAN	RACINE	WI	USA	I DEDICATE THIS RUN TO MY MOM	
DEBRA	GORMAN	RACINE	WI	USA	IN MEMORY OF THE ONE'S I LOVED & LOST	Undetermined
DANIEL	CLARK	REEDSBURG	WI	USA	FOR THE VETERNS PAST AND PRESENT.	
KAMI	SCHNEIDER	RICHLAND CENTER	WI	USA	I DEDICATE THIS RACE TO MY DAD! I MISS YOU DAD!	G.R.A.C.E
WILLIAM	WUSKE	RIPON	WI	USA	RUNNING FOR AUTISM SPEAKS	Autism Speaks
MEG	WUSKE	RIPON	WI	USA	RUNNING FOR AUTISM SPEAKS	Autism Speaks
LAURA	ALBRIGHT	RIPON	WI	USA	MY FIRST 13.1	
CARL	BJORNSTAL	RIVER FALLS	WI	USA	LOVE YOUR PHYSICAL EDUCATION TEACHER	
CATHEE	MORANO	RIVER HILLS	WI	USA	RUNNING FOR THE HOMELESS.	St. Ben'S Homeless Shelter
CHRISTINE	WEIHING	ROCK SPRINGS	WI	USA	RUNNING IN MEMORY OF DAD	American Heart Assoc
SHELLY	KEARNS	ROSHOLT	WI	USA	WHAT A GREAT DAY!	
PATTY	GROVE	ROTHSCHILD	WI	USA	IT DOESN'T MATTER HOW MUCH YOU DO, JUST DO SOMETHING!	American Diabetes Association
CHERI	LYGA	SARONA	WI	USA	WE ARE THE WORLD""	Washburn County Food Pantry
JUSTIN	SORENSEN	SHEBOYGAN	WI	USA	HAVE FUN!	

First Name	Last Name	City	State	Country	Message	Charity Name
AJ	ZINGSHEIM	SHEBOYGAN FALLS	WI	USA		
TAMILYN	FREY	SHELL LAKE	WI	USA	RUN UNITED!	Lakeland Family Resource Center, Spooner, Wi
KERI	JENSEN	SHELL LAKE	WI	USA	I RUN TO EAT AND EAT TO RUN :)	Lakeland Family Resource Center
EMMA	FREY	SHELL LAKE	WI	USA	I LOVE TO RUN!	Lakeland Family Resource Center
CRYSTAL	KURZ	SOUTH MILWAUKEE	WI	USA	FINALLY GETTING BACK OUT THERE AFTER A RUNNING SABBATICAL :)	
COLE	REEDY	STEVENS POINT	WI	USA	HAPPY TO BE RUNNING AFTER ONE YEAR OFF!	Iowa County Humane Society
JAMES	BROOKS	STOUGHTON	WI	USA	PICK IT UP AND SET IT DOWN.	American Heart Association
JENNIFER	GROTA	STURGEON BAY	WI	USA	RUN IT TO FINISH	
CHRISTA	HOLLAND	STURTEVANT	WI	USA	NO MESSAGE REQUESTED THIS YEAR	Slhs
JESSI	GARDNER	SUAMICO	WI	USA	RUN...WALK...CRAWL...FINISH"	Leukemia & Lymphoma Society
DAWN	MAGNUSSON	SUN PRAIRIE	WI	USA	FOR UNCLE JERRY	National Parkinson Foundation
KATHY	DUCAT	SUN PRAIRIE	WI	USA	DEDICATED TO INSPIRING OTHERS TO BE HEALTHY	American Red Cross
KATHIE	NORKOL	SUPERIOR	WI	USA	SERENITY 4 US	
MIKE	HERRICK	SUPERIOR	WI	USA	THE COMPLETION OF ANY RUN STARTS WITH A SINGLE STEP.	The Local Salvation Army.
SUSAN	BARTELS	SUSSEX	WI	USA	RUNNING FOR DAD BECAUSE I CAN!	Lung Cancer
STEVE	WERMAGER	THERESA	WI	USA	COURAGE IS BEING SCARED TO DEATH, BUT SADDLING UP ANYWAY. - JOHN WAYNE	American Cancer Society
KEIRA	ABBS	TOMAH	WI	USA		
DIANNE	LAZEAR	TOMAHAWK	WI	USA	STEVE: CONGRATULATIONS ON YOUR FIRST MARATHON	Tomahawk Food Pantry
KEVIN	WIEGERT	TWO RIVERS	WI	USA	IF YOU CAN THINK IT YOU CAN DO IT.	
CASSANDRA	DAWSON	UNION GROVE	WI	USA	DEDICATION TO PREVENTION OF ANIMAL CRUELTY	Aspca
KINSEY	SCHULZ	VERONA	WI	USA	HERE'S TO BEING 33!	Verona Area Food Pantry
					NO MATTER HOW SLOW YOU RUN, YOU ARE STILL LAPPING EVERYONE ON THE	
CATHY	VOS	VERONA	WI	USA	COUCH!	Madison College Scholarship Program
MICHELLE	BEHL	WATERLOO	WI	USA	THE ABILITY TO RUN THE EXTRA MILE IS IN BETWEEN YOUR EARS.	Autism Speaks
JESSICA	CARRIVEAU	WATERTOWN	WI	USA	TEAM CARRIVEAU--PULLING TOGETHER TO LIGHTEN THE LOAD.	Katy'S Kloset
					IT DOES NOT MATTER HOW FAST YOU GO OR HOW FAR YOU RUN. WHAT MATTERS IS	
JEFFREY	MEADE	WATERTOWN	WI	USA	THAT YOU GET UP AND START.	Rmhc
JEFFREY	MEADE	WATERTOWN	WI	USA	IF YOU CAN...RUN FAR, FUN AND OFTEN	
ANN	NAGLE	WATERTOWN	WI	USA	RUNNING BEATS DOING NOTHING!	
MEGHAN	BURKE	WAUKESHA	WI	USA	NO MESSAGE REQUESTED	Susan G. Komen
					THIS RUN IS DEDICATED TO MY FRIENDS KICKIN' CROHN'S, COLITIS & CANCERS	
ANNE	PADGETT	WAUKESHA	WI	USA	BUTT!!	Ccfa & American Cancer Society
JENNY	STAPLES	WAUKESHA	WI	USA	TO ALL THOSE I'VE LOVED AND LOST.	
KAYLA	STAPLES	WAUKESHA	WI	USA	NEVER GIVE UP!	
KARA	SCHMITZ	WAUNAKEE	WI	USA	DEDICATED TO THOSE SUFFERING WITH EMPHYSEMA. LOVE YOU DAD!	National Emphysema Foundation
SCOTT	SCHMITZ	WAUNAKEE	WI	USA	LOVE YOU SARI! WE WILL MISS YOU!!	American Cancer Society
KARA	SCHMITZ	WAUNAKEE	WI	USA	LOVE YOU SARI! WE MISS YOU!!	American Cancer Society
AMELIA	THOMPSON	WAUNAKEE	WI	USA	I STILL HAVE THE GO AMY" SHIRT, JANE! YOU INSPIRE ME TOO!"	Blue Crayon Foundation
AMY	SCHNEIDER	WAUTOMA	WI	USA	IN MEMORY OF RUSSELL BOWERS	
BOYD	FEATHERSTON	WAUTOMA	WI	USA	IN MEMORY OF RUSSELL BOWERS	
SHERYL	LEONARD-SCHNECK	WAUWATOSA	WI	USA	IN MEMORY OF DOROTHY BECKER	Blood Center Or Wisconsin
JENNIFER	MEEHAN	WAUWATOSA	WI	USA	SUE TURNBULL	Make A Wish Foundation

First Name	Last Name	City	State	Country	Message	Charity Name
SHERYL	LEONARD-SCHNECK	WAUWATOSA	WI	USA	RUNNING LONG DISTANCE WITH MY KIDS-LOVE YOU ALL THIS ONE IS FOR MY MOM WHO ENCOURAGED ME TO STRIVE TO BE THE BEST I COULD BE! THANK YOU, MOM!	Friends Of Hoyt Park Pool
JACK	MISCH	WEST SALEM	WI	USA	THE FASTER I GO, THE BEHINDER I GET!	Invisible Children
JULIE	WALBORN	WEYAUWEGA	WI	USA	RUNNING FOR MY FAMILY WHO IS SO SUPPORTIVE OF ME!	Waupaca County Red Cross
MARGARET	SLUPECKI	WHITEFISH BAY	WI	USA	PAIN IS WEAKNESS LEAVING THE BODY.	Boxes Of Love
BRITTANY	HALLETT	WHITEWATER	WI	USA	HAVE AS MUCH FUN AS POSSIBLE. YOU ONLY HAVE ONE LIFE.	
CAITLIN	JUNG	WHITEWATER	WI	USA	I WILL DEDICATE THIS RUN TO TEAM KIYOKO	
RACHEL	HINTZ	WIND LAKE	WI	USA	WE ARE WHAT WE REPEATEDLY DO. EXCELLENCE, THEREFORE, IS NOT AN ACT BUT A HABIT.	Susan G. Komen
MARIE	RASMUSSEN	WIND LAKE	WI	USA	LIFE'S AN ADVENTURE NOT A GUIDED TOUR.	Assumption Catholic Schools
NANCI	GREEN	WISCONSIN RAPIDS	WI	USA	...LET US RUN WITH PERSEVERANCE THE RACE MARKED OUT FOR US." HEBREWS 12:1"	Tssus
STEPHANY	ANDRES	WISCONSIN RAPIDS	WI	USA	RUNNING PRESCRIPTION!	
STEPHANY	ANDRES	WISCONSIN RAPIDS	WI	USA	FOR MY FAMILY.	Catholic Charities
WENDY	BARKER	BARBOURSVILLE	WV	USA	DRINK WATER AND RUN LIKE A FREAK!	
LAURA	COOPER	BECKLEY	WV	USA	SHOUT OUT TO THE RUN AMERICA APP...DOWNLOAD IT...ITS FREAKING AWESOME	
SUZETTE	NUNLEY	BLUEFIELD	WV	USA	BREAST CANCER AWARENESS	
BRENT	GARRETT	CHARLESTON	WV	USA	LIVE LAUGH RUN =)	
KIM	STRAFACE	CLARKSBURG	WV	USA	GET OUT THERE AND RUN!	
HEATHER	HADDIX	FAIRMONT	WV	USA	THANK YOU BROTHER FOR INSPIRING ME TO LIVE HEALTHIER!	Red Cross
CATHERINE	BAKER	FAIRMONT	WV	USA	LIVE, LAUGH, LOVE & RUN	
RYAN	NICHOLS	FAIRMONT	WV	USA	RUN FOR FUN	
DANIEL	DOWDY	GRAFTON	WV	USA	ARE WE THERE YET?	
NATALIE	RICE	HARPERS FERRY	WV	USA	LOVE TO RUN	
TIMOTHY	RICE	HARPERS FERRY	WV	USA	IT ALL STARTS WITH TAKING THAT FIRST STEP. OTHERWISE YOU'RE JUST STANDING STILL.	World Wildlife Fund
KATIE	RICE	HARPERS FERRY	WV	USA	LET US RUN WITH PERSEVERANCE THE RACE MARKED OUT FOR US&" ~HEBREWS 12:1: 3"	
ALLISON	RICE	HARPERS FERRY	WV	USA	I WILL RUN FOR THOSE WHO STILL LIVE IN MY HEART THAT CAN'T BE HERE TO RUN!	
NOAH	ELLISON	HICO	WV	USA	I'VE NEVER FELT BAD ON A DAY I WENT RUNNING.	Purr Wv - Cat Rescue
CONNIE	HOWELL	HUNTINGTON	WV	USA	LIFE IS BETTER WHEN I RUN.	
JENNY	RYAN	INWOOD	WV	USA	I RUN 4 EMMA	
CHERI	HALL	LEWISBURG	WV	USA	TO GIVE ANYTHING LESS THAN YOUR BEST WOULD BE TO SACRIFICE THE GIFT." PRE."	Susan G. Komen Breast Cancer Fund
AMBER	HARDING	MAIDSVILLE	WV	USA	THOSE WHO THINK THEY DON'T HAVE TIME FOR EXERCISE WILL SOONER OR LATER HAVE TO FIND TIME FOR ILLNESS	
AMBER	HARDING	MAIDSVILLE	WV	USA	THIS IS FOR ALL OF MY FELLOW DO-LIFERS OUT THERE!	Aspca
SILKIA	HARDING	MAIDSVILLE	WV	USA		

First Name	Last Name	City	State	Country	Message	Charity Name
					I'M RUNNING THE FOR GOTR SOLEMATES- SUPPORT ME!	
RACHEL	BYRNE	MORGANTOWN	WV	USA	HTTP://WWW.ACTIVE.COM/DONATE/MONCOUNTYGOTR/RBYRNE100	Girls On The Run Mon County
HOLLEE	NELSON	MORGANTOWN	WV	USA	RUN WITH YOUR HEART, NOT YOUR LEGS, AND YOU'LL GET FARTHER.	
KIM	STOOKE	PARKERSBURG	WV	USA	HAPPINESS IS FOUND IN THE JOURNEY.	World Vision
JOLENE	TAYLOR	PARKERSBURG	WV	USA	WOUNDED WARRIORS	
CHELSEA	LONG	RAVENSWOOD	WV	USA	I WOULDN'T BE HERE WITHOUT GOD!	American Cancer Society
CHELSEA	LONG	RAVENSWOOD	WV	USA		
KIM	WOLFE	REEDSVILLE	WV	USA	RUNNING....CHEAPER THAN THERAPY!	
KIMBERLY	WOLFE	REEDSVILLE	WV	USA	HAPPY MOTHER'S DAY	
MICHELLE	JAMES	SCOTT DEPOT	WV	USA	LIVE, LAUGH, RUN	Wounded Warrior Project
LEIGHANN	JOHNSON	WINFIELD	WV	USA	RUN3RD	
HAYLIE	WENDLAND	CASPER	WY	USA	IT'S AN OBSESSION, NOT A HOBBY!	
CATHY	BISIAR	CASPER	WY	USA	LIGHT THE FIRE WITHIN" 2002 WINTER OLYMPIC MOTTO"	Susan G. Koman
SCOTTIE	SHIRLEY	CHEYENNE	WY	USA	TO MY STEP DAUGHTER AMBRI	
DEVON	NEWMAN	CHEYENNE	WY	USA	AS A BEGINNER OF RUNNING, LET THE BE MY FIRST MILESTONE.	Books For Children In Our Town.
JOANNE	RUGGERI	CHEYENNE	WY	USA	WOUNDED WARRIORS!	Woundedwarriorproject.Org
JANELLE	WEYER	CHEYENNE	WY	USA	WOUNDED WARRIOR-THE GREATEST CASUALITY IS BEING FORGOTTEN	Wounded Warrior Project
CHRISTINE	RAMLER	CHEYENNE	WY	USA	WOUNDED WARRIOR- THE GREATEST CASUALTY IS BEING FORGOTTEN	Wounded Warrior Project
LAURI	PHILLIPPS	CHEYENNE	WY	USA	LOVE RUNNING!!!	The Wounded Warrior Project
JULIE	ALMQUIST	CHEYENNE	WY	USA	FOR MY HEALTH.	Sids
ERIC	UNDERHILL	CHEYENNE	WY	USA	COURAGE IS BEING SCARED TO DEATH BUT SADDLING UP ANYWAY - JOHN WAYNE	Comea Homeless Shelter
CLAYTON	BULLOCK	CHEYENNE	WY	USA	WE RUN TOGETHER!	Susan B. Komen Foundation
KIM	BULLOCK	CHEYENNE	WY	USA	WE RUN TOGETHER!	Susan B Komen Foundation
CLAYTON	BULLOCK	CHEYENNE	WY	USA	I LOVE YOU KIM!	Wounded Warrior Project
KIM	BULLOCK	CHEYENNE	WY	USA	I LOVE YOU CLAY!	Wounded Warrior Project
MARGO	CHOATE	CHEYENNE	WY	USA	I LOVE YOU ROSS! YOU ARE MY INSPIRATION!	
MARGO	CHOATE	CHEYENNE	WY	USA		
FRANCES	CASTER	CHUGWATER	WY	USA	DOREY THE FISH IN NEMO (THE MOVIE) JUST KEEP MOVING!" AND FOR CHRIS"	Fca
					THOSE WHO DO NOT FIND TIME FOR EXERCISE WILL HAVE TO FIND TIME FOR ILLNESS--EARL OF DERBY	
FRANCES	CASTER	CHUGWATER	WY	USA		Cvc Youth Activities Fund
PAIGE	STEINKE	GILLETTE	WY	USA		
LISA	NUSS	KEMMERER	WY	USA	ANIMALS NEED HOMES TOO!	Happy Trails Animal Rescue
MATTHEW	PARSONS	LANDER	WY	USA	I DEDICATE THIS RUN TO MY WIFE WHO IS MY COACH.	Lander Pet Connection
AMY	LUTON	LANDER	WY	USA	THE BEATEN PATH IS FOR BEATEN PEOPLE.	Lander Pet Connection
CAREN	SPECKNER	LINGLE	WY	USA	WE CAN DO IT!	Lfl Elementary After School Program
SARAH	SPECKNER	LINGLE	WY	USA	FOR A HEALTHIER AND MORE ACTIVE LIFESTYLE FOR CHIKDREN	Lingle Elementary After School Program
CAREN	SPECKNER	LINGLE	WY	USA		Goshen County After School Practice Program
CAREN	SPECKNER	LINGLE	WY	USA		
ROXANNE	FISH	LUSK	WY	USA	IT IS WHEN WE ARE TESTED THAT WE DISCOVER WHO WE TRULY ARE.	Relay For Life
ROXANNE	FISH	LUSK	WY	USA	FOR MY DAD...WHO WAS ALWAYS MY BIGGEST FAN.	Relay For Life
LEE-ANN	DAVIS	ROCK SPRINGS	WY	USA	THIS RUN IS DEDICATED TO MY BEAUTIFUL CHILDREN.	

For Press Purposes only

First Name	Last Name	City	State	Country	Message	Charity Name
KELLY	CARROLL	SHERIDAN	WY	USA	THIS RUN IS DEDICATED TO MY GRANDMOTHER WHO HAD THE STRENGTH TO WALK ON TWO FAKE LEGS	Volunteers Of America/Wystar The Gathering Place
PEPPER	QUADE	SHERIDAN	WY	USA	TO GOING BEYOND THE GREAT OUTDOORS	St Francis Animal Hospital
SHAWN	STEVENS	SHERIDAN	WY	USA	I LIKE TO PARTY	Dog And Cat Shelter Of Sheridan Wyoming
JAMIE	YOUNG	SHERIDAN	WY	USA	DEDICATED W/ LOVING MEMORY TO SJBM.	Sheridan Jaycees
STEPHANIE	STONE	TORRINGTON	WY	USA	DEDICATED TO ROB & JESSICA, THE INSPIRATION YOU FIND IN EACH OTHER FLOWS ONTO OTHERS.	Local Humane Society
ANGELA	MICHEL	WORLAND	WY	USA	.	